



THE  
DAKOTA RIVER RUNNERS

**RACE FOR PARKINSON'S**  
**10K • 5K • 1 Mile**

**Saturday,**  
**April 28, 2012**  
**Sertoma Park**  
**Bismarck ND**

**Registration Form:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Race:  10K  5K  1 Mile T-shirt Size:  S  M  L  XL  XXL

Registration: 7 a.m.  
Competitive 10K: 8 a.m.  
Competitive 5K: 8:30 a.m.  
Family Fun 1 mile walk/run: 9 a.m.

Early Registration \$15  
Mail completed registration and fee to:  
Bismarck Parkinson's Support Group  
1837 North Valley Loop #10  
Bismarck, ND 58503

Day of Race Registration \$20  
Register at Sertoma Community Shelter

For more information visit [www.bismarckparkinsons.wordpress.com](http://www.bismarckparkinsons.wordpress.com)

**Sponsored By**

Universal Athletics  
Cottingham Insurance  
Active Life Chiropractic  
Kupper Chevrolet  
Lignite Energy Council

I am entering this event at my own risk and assume all responsibility for injuries I may incur as a direct result of my participation. I hereby, or myself, my heirs, executors and administrators, waive the release of any and all claims for damages or injuries I may have against the Dakota River Runners Race for Parkinson's, its sponsors and any individuals associated with said event. I also give permission for the free use of my name and picture in a photography, broadcast or other account of this event. If you are under 18 years old you must have the signature of your legal guardian to participate in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_