



KIDZONE

CHILDCARE GUIDELINES

Hours: Monday – Thursday: 5:00 – 8:30pm

Dates: September 19 – April 30, 2017

KidZone is a drop-in child care service available to all users of Capital Racquet and Fitness Center. Daily fees for Kidzone are charged by the hour or there is an unlimited childcare option for members at a fee of \$15.00/month. KidZone is available to children 6 months through 10 years of age and has a maximum limit of 5 children at one time. In order to allow everyone use of KidZone, time is limited to 1.5 maximum per visit if we are at capacity.

Illness

CRFC reserves the right to refuse entry of sick children into childcare. Please **DO NOT** bring medication into childcare, our employees may not administer drugs. We also ask that you notify the KidZone attendant of any medical conditions your child may have that would be cause to seek medical attention.

Children may not be brought to KidZone, if they have the following illnesses:

- Fever, Diarrhea or Vomiting in the past 24 Hours
- Conjunctivitis/Pink Eye (inflammation around the eyelids)
- Pus draining or discharge from nose or eyes
- Unexplained lethargy
- Undiagnosed rash

Safety

It is our mission in KidZone to provide a safe and entertaining environment for your child. All accidents are documented in detail and parents are notified immediately. We also have first aid kits readily available in the room.

Behavior

CRFC realizes children will sometimes misbehave. However, in some instances we will ask for parental intervention.

- Biting – If your child bites another child, we will find you and ask your child be removed for the day.
- Bad Behavior – First time, will be a warning, second time, will be time out, third time, parents will be called.

Snacks

Snacks are allowed in childcare, please limit items to things your child can eat without help and being too messy. We recommend: crackers, fruit snacks, pretzels and cookies. We **DO NOT** allow snacks with nuts or nut derivatives, due to the large number of children with a sensitivity or allergies. Please do not forget to label all cups, bottles and items brought into childcare and take them with you, when you leave.

Personal Items

We ask that you not bring your child's toys/videos from home. There are a variety of things to do in KidZone, including a jump house, ball pit, kid cycles, art center, movie area and play structures. Children needing to change clothes should use the appropriate locker room. **Shoes and socks are required to be worn at all times.**

Outside Walk/Run Policy

- You must be taking part in an organized activity with a class or trainer. The trainer will have a cell phone in case you need to be notified of an emergency.
- If you choose to walk or run outside, you must have a cell phone with you and leave the number with the KidZone staff. Runs or walks should be no longer than one hour in case of emergencies. **This does not include playing tennis outside due to the distance of the outdoor courts from the facility.**