

**PRACTICE PROGRAM!**

No Experience Necessary  
Equipment Provided

# TRACK & FIELD

## MONDAY PRACTICE DAYS

6:30-8:30pm at Legacy High School Track  
May 15, May 22 & June 5, 12, 19, 26

Free program but registration is required. Participants do not need to attend all practices.



**Contact Yvette Matthews**

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