



**BISMARCK PARKS AND RECREATION DISTRICT**  
Est. 1927

**2023 Youth Basketball Skills Challenge Registration and Scoresheet**

Name: \_\_\_\_\_  
Age: \_\_\_\_\_  
Grade: \_\_\_\_\_  
Gender: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Address: \_\_\_\_\_

**3<sup>rd</sup> – 6<sup>th</sup> Grade Boys and Girls**  
**Saturday, January 28, 2023**  
**1:00pm**  
**World War Memorial Building**  
**215 North 6th Street**

**Obstacle Course Contest** **-Staff Fill Out Only-**

Around All Cones: \_\_\_\_\_ Bounce Pass: \_\_\_\_\_ Chest Pass: \_\_\_\_\_ Both Layups: \_\_\_\_\_

Time = \_\_\_\_\_

**Free Throw Contest**

1 2 3 4 5 6 7 8 9 10

Number Made = \_\_\_\_\_

**Final Scores and Times**

Obstacle Course Time = \_\_\_\_\_ First Place? \_\_\_\_\_

Free Throws Made = \_\_\_\_\_ First Place? \_\_\_\_\_

**WAIVER AND RELEASE OF CLAIMS**

Please read this form carefully and be aware that in registering your child/ward for participation in the above program(s), you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the above program(s).

I recognize and acknowledge that there are certain risks of physical injury and/or death to participant in the above program(s) and, I agree to assume the full risk of any such injuries, death, damages, or loss regardless of severity which I or my child/ward may sustain as a result of involvement with the above program(s). Further, I hereby waive and relinquish all claims that I, my insurer, or my child/ward may have against the Park District and its officers, servants, and employees from any and all claims for injuries, damages, or loss which I or my child/ward may have or which may accrue to me or my child/ward in relation to his/her involvement with the above program(s), regardless whether the activities involved are supervised or unsupervised. I also agree to hold the Park District harmless for any injuries, death, or damages sustained in relation to my child/ward's involvement with the above program(s). Nothing in this release shall be intended to release the Park District from responsibility of fraud or willful injury to person or property, nor for any violation of law. This release is intended to and releases only claims for negligence and/or non-willful or non-criminal claims. **I HAVE READ AND FULLY UNDERSTAND THE ABOVE AGREEMENT OUTLINING MY ASSUMPTION OF RISK AND WAIVER AND RELEASE OF ALL CLAIMS.**

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_



**YOUTH BASKETBALL SKILLS CHALLENGE GUIDELINES**

1. Open to grades three through six. There will be four divisions:
  - a. Grades 3 & 4 boys and girls, and grades 5 & 6 boys and girls.
2. **Participants must run and shoot in their respective age/gender division.**
3. The skills challenge consists of an obstacle course contest and a free throw shooting contest.
4. Participants may only participate **one time in each contest.**
5. Only use BPRD basketball in both contests.
6. Each contestant will be timed as they run through the obstacle course **only one time.**
  - a. The winner of the obstacle course contest, in their respective age/gender division, will be the individual with the lowest time. In case of a tie, the individuals with the lowest scores will compete against each other until one has a time lower than the others.
7. Obstacle Course:
  - a. Each contestant will start the course by dribbling around cones.
  - b. The contestant will make a **bounce pass into a target** and then make a layup.
  - c. After the layup is made the contestant will take the ball and dribble through several cones.
  - d. Contestants will be required to make a **chest pass into a target.**
  - e. Finally, the contestant will be required to make a layup.
8. All participants will shoot 10 free throws and each grade division shoots from a different distance: 5 & 6 grade use the regulation distance of 15 feet; 3 & 4 grade 12 feet (inner line).
  - a. Free throw tie breaker:
    - i. Shooter with the best percentage on the first 5 attempts.
    - ii. Shooter with the best percentage on attempts 6-10.
    - iii. Coin flip.
9. A participation certificate will be provided to each participant that finishes the skills challenge.
10. **1st place** participants in each divisions and contests will receive a flurry fest t-shirt at the end of the skills challenge.