



**BISMARCK PARKS AND
RECREATION DISTRICT**
Est. 1927

2025

Spring/Summer Activity Guide



**YOUTH & ADULT PROGRAMS
REGISTRATION STARTS**

APRIL 3 AT 8AM

**ACTIVITIES
FACILITIES
PARKS**

SPECIAL EVENTS



Bismarck Parks and Recreation District Office
400 E. Front Ave., Bismarck, ND
Phone: (701) 222-6455 • Fax: (701) 221-6838
www.bisparks.org • bisparks@bisparks.org
Hours: Monday-Friday, 7:30am-5pm

Telephone Directory

Baseball/Softball Diamonds

Bismarck Municipal Ballpark.....	222-3089
McQuade Diamonds.....	224-9907
Tatley-Eagles Diamonds.....	222-6634

Facilities

BSC Aquatic & Wellness Center	751-4266
Capital Ice Complex	221-6813
Capital Racquet & Fitness Center....	221-6855
Forestry Division.....	355-1700
General Sibley Park	222-1844
McDowell Dam Recreation Area	223-7016
Operations Maintenance Building ...	222-6464
Sertoma Tennis Courts.....	222-6730
VFW Sports Center.....	221-6814
World War Memorial Building.....	222-6454

Frances Leach High Prairie Arts & Science Complex

Dakota West Arts Council.....	222-6640
Shade Tree Players.....	258-4998
Theo Art School.....	222-6452
TruNorth Theatre Co.....	557-1600

Golf Courses

Fore Seasons Center	223-3600
Pebble Creek Golf Course.....	223-3600
Riverwood Golf Shop	222-6462
Tom O'Leary/Evan E. Lips Golf Shop ..	222-6531

Other

Bismarck Recreation Council	222-6455
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Swimming Pools

BSC Aquatic & Wellness Center	751-4266
Elks Aquatic Center.....	222-6607
Hillside Aquatic Complex.....	222-6419
Paul H. Wachter Aquatic Complex..	222-6614

Board of Park Commissioners

- Mark Zimmerman, President
- Julie Jeske, Vice President
- Michael Gilbertson, Commissioner
- Kate Herzog, Commissioner
- Paula Redmann, Commissioner

Administration

- Kevin Klipfel, Executive Director

Directors

- Mike Wald, Facilities and Programs Director
- David Mayer, Operations Director
- Kathy Feist, Finance Director

Administration Division

- Julie Fornshell, Administrative Services Manager
- Landa Boyd, Account Technician
- Nick Miller, Accountant
- Dana Schaar Jahner, Community Relations Manager
- Ashley Busch, Marketing Specialist
- Tana Oswald, Receptionist/Customer Service Representative I
- Dawnelle Red Horn, Receptionist/Customer Service Representative II

Facilities and Programs Division

- RaNae Jochim, Recreation Manager
- Ryan Geerdes, Facilities Manager
- Tim Doppler, Golf Operations Manager
- Dylan Thiem, Facilities Manager
- Jeremy Dykstra, Facility Specialist
- Matt Guenther, Facility Specialist
- Cindy Gums, Recreation Specialist
- Ethan Eberle, Recreation Specialist
- Brandon Wilkens, Facility Specialist
- Adam Chaussee, Facility Specialist
- Linsay Berg, Fitness/Wellness Specialist
- Jahna Gardiner, Aquatic Specialist
- Spencer Aune, Recreation Specialist
- Scott Nustad, Facility Specialist
- Drew Lenertz, Facility Specialist
- Matthew Lundberg, Facility Supervisor
- Dan Sedevie, Operations Superintendent
- Chad Boehm, Operations Superintendent
- Brad Schulz, Golf Course Superintendent
- Mac Weigel, Golf Course Superintendent
- Michael Schaaf, Golf Course Superintendent
- Rod Morasch, Head Tennis Professional
- **Maintenance and Operations Staff:**
Brandon Ripplinger, Pat Gilhooly, Rick Schuler, Tim Thiel, Christopher Pate, Jordan Kainz, Brandon Rittenbach, Mike Renner

Operations Division

- Mike Sullivan, Park Operations Manager
- Riley Merkel, Sport Complexes Manager
- Steve Gerding, Facility Specialist
- Colin Bales, Operations Superintendent
- Martha Willand, Facility Specialist
- Bonnie Lahr, Office Coordinator
- Lynn Morgenson, Landscape Specialist
- Jeff Oster, Facility Specialist
- David Robinson, McDowell Dam Supervisor
- **Maintenance and Operations Staff:**
Adam Keller, Cory Lang, Jace Carroll, Jamie Bosch, Joey LaFave, Pat Miller, Rich Hetzler, Ryan Miller, Tim Nelson, Troy Fink, Jacob Bakken, Jerad Haadem, Brad Matzke, Emmy Videen, Josh Becker, Cody Ruff, Brandon Hoepfner

Full-Time Seasonal

- Wendy Anderson-Berg, Park Planner

General Information

Cancellations

For information such as program changes, weather cancellations, etc., please visit www.bisparks.org.

Dog Ordinance

Section 1. May not permit an animal to run at large: "at large" means not effectively restrained by a chain, leash, or cord not more than six feet in length. Section 2. Any person who owns or is responsible for an animal shall, if the animal defecates upon park property, promptly clean up and dispose of the excrement. (For a full version of this ordinance, visit www.bisparks.org.)

Gift Certificates

What's a great gift for ANY occasion? A Bismarck Parks and Recreation District gift certificate. Gift certificates can be used for anything - a program, a class, a league, a round of golf or a shelter reservation. Stop in and purchase a gift certificate for any amount at the Park District office, 400 E. Front Ave. Call 222-6455 with questions.

Insurance

Bismarck Parks and Recreation District does not carry medical or accident insurance for the participants of the programs. The cost of doing so would be so high that fees charged for programs would become prohibitive. We suggest you review your family's personal health insurance plan to ensure it provides you with sufficient coverage. We also suggest you check with your family physician before participating in any Bismarck Parks and Recreation District programs which require physical exertion. If your physician should discover some factors that could limit you physically, please consider them when registering for programs.

Matching Grant Program

Bismarck Parks and Recreation District's Matching Grant program provides matching funds for facility, grounds and equipment projects. In its 40th year, the program has provided matching funds for 595 projects with total project costs of more than \$6.7 million. Applications will be accepted from Bismarck associations, organizations, clubs or individuals interested in matching funds to sponsor a project in a Bismarck Parks and Recreation District facility or park. Matching funds are awarded twice per year. Applications are available at our office. Call 222-6455 for more information. DEADLINES: Annually, Feb. 3 and June 2, 2025, at 5pm.

Photography/Video

Bismarck Parks and Recreation District takes photographs/video footage of people enjoying our programs, events, parks and facilities. These photographs/video footage are used for Park District publications and informational videos. The photographs/video footage are used at the discretion of the Park District and become the sole property of the Bismarck Parks and Recreation District.

Rain Checks

Bismarck Parks and Recreation District will grant rain checks for swimming pools, golf courses and picnic shelters whenever inclement weather warrants such action. All rain checks must be used during the season they are received.

Online Registration and Reservations

Visit www.bisparks.org to register for those activities with a code, make a tee time up to three days in advance or reserve a campsite, shelter or pool birthday party.

BPRD Inclusion Statement

The Bismarck Parks and Recreation District is committed to making all of our programs, facilities, services, and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special modifications to participate, please let us know at the time of registration. We will work with you in order to make reasonable modifications. If you have questions or accessibility concerns or suggestions for improvement, please contact us.

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Our Vision

Be the leader and premier provider of public parks, programs, facilities and leisure services.

Our Mission

Work with the community to provide residents and visitors the highest quality park, program, facility and event experience.

Core Purpose

Provide affordable, accessible, and sustainable public park and recreation services.

Our Values

Accountability	Diversity
Collaboration	Integrity
Community	Professionalism

Activity Centers

Activity Centers provide summer recreational programming at selected elementary schools in a day-camp style setting for **kids entering grades 1-6**. Daily games, crafts, projects and outdoor fun and movement help participants increase social skills and enjoy active play in a safe and caring supervised environment. Activity Centers have limited enrollment. Child may be enrolled at any site.

Ages	Dates	Days	Time
Incoming 1st-6th Graders	June 2-Aug. 1	M-F	7:45am-5:30pm

- **Must have completed kindergarten in the 2024-25 school year or be 6 years old by June 1, 2025. If your child is in kindergarten, but won't be 6 until after June 1, 2025, please come to Bismarck Parks and Recreation office to register.**
- Activity Centers close at noon on Aug. 1.
- No program on July 3 and 4.
- There is no supervision before 7:45am or after 5:30pm.
- We do not provide lunch or snacks, so please bring your own.

Fees

- \$600/child-if received on or before Thursday, April 24
- \$610/child-if received Friday, April 25, or later
- When registering, the registration fee for Activity Center can be paid in one payment, or you may choose to split the payment in two.

TWO-STEP REGISTRATION PROCESS

Registration starts April 3 at 8am

- **Step One:** Register your child(ren) for the selected Activity Center site online or in person at the BPRD office, 400 E. Front Ave. Once your child(ren) is registered, you can then move to Step Two.
- **Step Two:** You **MUST** complete the fillable PDF available online or pick up a registration packet from the BPRD office. Submit the completed packet at the BPRD office or email it to blast@bisparks.org within **48 hours of registering**. Once your completed packet is received, your child(ren)'s registration is complete.

School	Location	Code
Centennial	2800 Ithica Dr.	28374
Elk Ridge	4401 Ivory Ln.	28375
Grimsrud	716 St. Benedict Dr.	28376
Liberty	5400 Onyx Dr.	28377
Northridge	1727 N. 3rd St.	28378
Prairie Rose	2200 Oahe Bend	28379
Rita Murphy	611 N. 31st St.	28380
Roosevelt	613 W. Ave. B	28381
Silver Ranch	4511 Silver Blvd.	28382
Solheim	325 Munich Dr.	28383
Sunrise	3800 Nickerson Ave.	28384

Junior Leader

Junior Leaders will learn the skills necessary to perhaps become an Activity Center Leader one day. A Junior Leader will assist the Leaders in organizing the games and daily activities, helping the Activity Center participants and helping prepare for the activities each day. The Junior Leaders assist the Leaders and learn leadership and problem-solving skills in a fast-paced, recreational environment.

Junior Leader applications can be submitted from April 1-11. BPRD staff will do a random drawing April 23, and applicants will be notified of the results. The Junior Leader applications can be found at www.bisparks.org.

Fees

- \$100/Junior Leader
- Maximum of 4 leaders per site.
- Junior Leaders must be going into 7th grade or older.

Adaptive Recreation

Meet It or Beat It Bowling

This bowling program is offered to individuals of all ages and abilities. This short program is designed for the individual bowler to meet or beat their previous week's scores. Emphasis is on participation.

Dates	Days	Time	Fee
Now-May 19	M	4-6pm	\$3.50/game*

- Located at Midway Lanes, 3327 Memorial Highway, Mandan.
- No registration is necessary.
- * Price includes shoe rental.

Triple Star Day Camp

Triple Star Day Camp is offered to individuals ages 10 and up with disabilities. Emphasis is given to age appropriate activities, as well as opportunities to participate in community activities and swimming.

Dates	Days	Time	Code
June 2-Aug. 1	M-F	9:30am-3pm	28984
* No camp July 3-4			

- For ages 10+
- \$150/participant
- Lions Park Community Center, 1001 N. 17th St.

Archery, Indoor

Beginners

These archery lessons are for the beginning archer or those with very little shooting experience. The focus is on basics that get students safely shooting and get a general feel for archery. The classes cover the fundamentals of shooting, emphasizing form and technique.

Dates	Day	Time	Fee	Code
July 17-Aug. 21	Th	6-7pm	\$40	28387
July 17-Aug. 21	Th	7-8pm	\$40	28389

- All equipment is provided, including bows and arrows.
- Must be 8 years old to begin program.
- Maximum Participants: 12
- Nishu Bowmen Indoor Archery Range, 1409 Riverwood Dr.

Intermediate

This class is for those who have completed Beginners Archery and have some shooting experience. This class is ideal for new compound shooters or those wanting to improve their archery skills. Emphasis is placed on proper fit and setup and then proper form and technique.

Dates	Day	Time	Fee	Code
July 17-Aug. 21	Th	8-9pm	\$40	28390

- Participants must have their own compound bows and arrows.
- Must be 8 years old to begin program.
- Maximum Participants: 12
- Nishu Bowmen Indoor Archery Range, 1409 Riverwood Dr.

Baseball

Coed Mites, Squirts, Cal Ripken-Recreational

Coed youth baseball is a recreational program that teaches youth ages 5-12 the fundamentals, skills and sportsmanship of the game. These basics include throwing, catching, hitting and teamwork. Participants will learn through drills, scrimmages and games. Our emphasis is on equal play time, and most of all, FUN!

Any player born prior to May 1, 2020, and on or after May 1, 2012, is eligible for Coed Mites, Squirts and Cal Ripken. Age is determined as of May 1, 2025.

Ages	Dates	Days	Time	Code
Mites 5-6	June 2-July 23	M & W	10-11am	28396
Mites 5-6	June 3-July 24	T & Th	10-11am	28397
Squirts 7-9	June 2-July 23	M & W	8:30-9:45am	28399
Squirts 7-9	June 3-July 24	T & Th	8:30-9:45am	28400
Cal Ripken 10-12	June 2-July 23	M & W	11:15am-12:45pm	28393

*No baseball on July 2 and 3

Fees and Location

- \$65/player – if received on or before Friday, May 9
- \$75/player – if received Saturday, May 10, or later
- Sam McQuade Sr. Softball Complex, 1100 N. Washington St.

Youth Baseball Clinic

Participants born prior to May 1, 2020, and on or after May 1, 2012, are eligible for the 2025 Youth Baseball Clinic. The program focuses on the development of baseball skills and fundamentals.

Ages, Dates, Times and Location

- 5-12 years old
- Thursdays from June 5-July 17 from 11:15am-12:45pm
- Sam McQuade Sr. Softball Complex, 1100 N. Washington St.

Fee and Registration

- Free for registered Mites, Squirts and Cal Ripken participants
 - To register: Click "yes" for enrollment into Youth Baseball Clinic when signing up your child for Coed Mites, Squirts, Cal Ripken.
- \$15 for non-registered youth baseball participants
- **For non-registered, enroll with Code: 28394**

Basketball

Summer Coed Recreational

The concept of this program is similar to a summer-long camp for participants to work on improving their skills. Teams are assigned each night.

Grades	Dates	Days	Time	Code
Grades 3 & 4	June 3-July 24	T & Th	6-7pm	28402
Grades 5 & 6	June 3-July 24	T & Th	7:15-8:15pm	28403
Grades 7 & 8	June 3-July 24	T & Th	8:30-9:30pm	28404

Grade determined by 2025-26 school year.
No session on July 3.

Fee and Location

- An information sheet is available at www.bisparks.org.
- \$70/player-if received on or before May 9
- \$80/player-if received May 10 or later
- World War Memorial Building, 215 N. 6th St.

Girls' 3rd Grade Basketball

Girls' youth basketball is a recreational program that teaches participants the fundamentals, skills and sportsmanship of the game. Participants will learn through drills and scrimmages.

Informational Meeting

- TBA
- An information sheet is available at www.bisparks.org.

League

- Aug. 18-Oct. 4
- Teams organized by school.
- Volunteer coaches needed.
- Coaches will register for practice one day per week at the World War Memorial Building, 215 N. 6th St. Coaches will notify participants of practice times. (Mon.-Fri.: 4pm or 5pm)
- Games are Saturdays at the World War Memorial Building.

Fees

- \$75/player-if received on or before Aug. 1
- \$85/player-if received Aug. 2 or later

School	Code
Cathedral	28406
Centennial	28407
Elk Ridge	28408
Grimsrud	28409
Highland Acres	28410
Liberty	28411
Lincoln	28412
Martin Luther	28413
Miller	28414
Moses	28415
Murphy	28416
Myhre	28417
Northridge	28418
Pioneer	28419
Prairie Rose	28420
Roosevelt	28421
Shiloh	28422
Silver Ranch	28423
Solheim	28424
St. Anne's	28425
St. Mary's	28426
Sunrise	28427
Will-Moore	28428



Girls' 4th & 5th Grade Basketball

Girls' youth basketball is a recreational program that teaches the fundamentals, skills and sportsmanship of the game. These basics include passing, dribbling, shooting and teamwork. Participants will learn through drills, scrimmages and games. Our emphasis is on equal play time, and most of all, FUN! The 4th and 5th grade programs have season-ending jamborees.

League Dates

- Girls' Grade 4: Aug. 25-Oct. 11
- Girls' Grade 5: Aug. 25-Oct. 25
- Grade 4 Jamboree: Oct. 10 and 11
- Grade 5 Jamboree: Oct. 23 and 25

Days/Times for Most Schools

- Information sheets are available at www.bisparks.org.
- 4th grade has one practice a week and 5th grade has two practices a week.
- First week of practice is Mon., Tues., Wed., Thurs., and/or Fri.
- Due to gym availability, some schools may have different practice schedules. You will be notified through the school office and/or team coach.

Teams are formed after the first week of practice and a schedule is provided for the remainder of the season. Every attempt is made to split the teams as equally as possible when more than one team exists at any school.

Fees

- Girls' Grade 4: \$75/player-if received on or before Aug. 8
- Girls' Grade 4: \$85/player-if received Aug. 9 or later
- Girls' Grade 5: \$85/player-if received on or before Aug. 8
- Girls' Grade 5: \$95/player-if received Aug. 9 or later
- Participants must play at the school they attend.

School	4th Grade Code	5th Grade Code
Centennial	28430	28451
Elk Ridge	28431	28452
Grimsrud	28432	28453
Highland Acres	28433	28454
Liberty	28434	28455
Lincoln	28435	28456
Martin Luther	28436	28457
Miller	28437	28458
Moses	28438	28459
Murphy	28439	28460
Myhre	28440	28461
Northridge	28441	28462
Pioneer	28442	28463
Prairie Rose	28443	28464
Roosevelt	28444	28465
Shiloh	28445	28466
Silver Ranch	28446	28467
Solheim	28447	28468
Sunrise	28448	28469
Will-Moore	28449	28470

* Light of Christ Schools (LOC) participants will need to contact LOC to register for 4th and 5th grade basketball.

COACHES & OFFICIALS NEEDED

Apply today at bisparks.org/jobs. EOE

Adult & Youth - Basketball, Volleyball
Youth - Baseball, Flag Football, Soccer, Tennis

BLAST

Bismarck's Life After School Time (BLAST) is an after-school recreation based program that takes place at selected elementary school sites. Participants enjoy games and activities with their peers and leaders in a safe and supervised environment.

Fall 2025 Enrollment

The BLAST deadline for people currently enrolled through the last day of school is June 12 at 5pm. BLAST packets are mailed to parents in mid-May for those currently enrolled in the program.

Grades Dates Days Time

K-5 School Year Mon.-Fri. end of school day-6pm

*BLAST follows the school year calendar and is not held when school is not in session for school breaks/holidays/staff training.

Locations

- Centennial • Elk Ridge • Grimsrud • Liberty • Northridge
- Prairie Rose • Rita Murphy • Silver Ranch • Solheim • Sunrise

* Please contact your school directly regarding after-school program options if not listed above.

Fees

- TBD - Visit bisparks.org for more information as it becomes available.
- First and last month's bill due at registration.
- Children enrolled in BLAST must attend school at that site.

Open-Enrollment Procedure for BLAST 2025-26

- **Mid-May:** BLAST registration information is mailed to families currently enrolled in the BLAST program. This helps us determine who is coming back and how many open positions there are available for other families at each school site.
- **June 12 by 5pm:** Registration packets from current BLAST families are due at BPRD by 5pm.
- **June 3-20:** New applicants that are interested in enrollment for 2025-26 will have this timeframe to stop in at the BPRD office and register their child(ren) in a drawing for the open positions.
- **July (second week):** BPRD will draw the names for each school and place them in the available spots and on the waiting list. By the end of that week, we will contact all the families to let them know the results of the drawing.

Fencing

This class teaches Olympic style sport fencing for beginning and intermediate levels for people wanting to learn basic fencing skills or keep improving their fencing skills to an intermediate level.

Dates	Days	Times	Code
May 2-30	M & F	6:30-8:30pm (M); 5-7pm (F)	27528
June 2-30	M & F	6:30-8:30pm (M); 5-7pm (F)	27526
Sept. 5-29	M & F	6:30-8:30pm (M); 5-7pm (F)	27531
Oct. 3-27	M & F	6:30-8:30pm (M); 5-7pm (F)	27530
Nov. 3-24	M & F	6:30-8:30pm (M); 5-7pm (F)	27529
Dec. 1-29	M & F	6:30-8:30pm (M); 5-7pm (F)	27523

*No class May 26, Nov. 28, Dec. 22, and Dec. 26.

Ages, Fees, Location and Equipment Required

- Ages 12+
- \$40/month or \$175/5 months
- World War Memorial Building, 215 N. 6th St.
- Equipment is provided with the exception of a fencing glove, which can be purchased when the session begins.
- Contact John Garness at 391-2081 for more information and to purchase a glove.

Flag Football

This program is open to youth in 3rd-6th grade. This recreational league teaches the fundamentals of football in a team setting. This is a non-contact league with an emphasis of equal participation, sportsmanship and getting experience at all positions. Participants will learn through practices and games. After teams are organized, a schedule will be provided. All players need a mouth guard.

Grades	Dates	Days	Times
3rd & 4th	Aug. 18-Sept. 27	M, T & Th	5:30-6:30pm
5th & 6th	Aug. 18-Sept. 27	M, T & Th	6:30-7:30pm

* No session on Sept. 1

- Jamboree: Sept. 27-Sam McQuade Sr. Softball Complex

Fees and Location

- An information sheet is available at www.bisparks.org.
- \$60/player-if received on or before Aug. 8
- \$70/player-if received Aug. 9 or later
- Sam McQuade Sr. Softball Complex, 1100 N. Washington St.
- * 6th graders interested in playing flag football should register with the code of their 2024-25 elementary school.

School	3rd & 4th Grade	5th & 6th Grade
Cathedral	28490	28514
Centennial	28491	28515
Elk Ridge	28492	28516
Grimsrud	28493	28517
High. Acres	28494	28518
Liberty	28495	28519
Lincoln	28496	28520
Martin Luther	28497	28521
Miller	28498	28522
Moses	28499	28523
Murphy	28500	28524
Myhre	28501	28525
Northridge	28502	28526
Pioneer	28503	28527
Prairie Rose	28504	28528
Roosevelt	28505	28529
Shiloh	28506	28530
Silver Ranch	28507	28531
Solheim	28508	28532
St. Anne	28509	28533
St. Mary's	28510	28534
Sunrise	28511	28535
Will-Moore	28512	28536

Golf

Introductory, 5-6 Year Olds

Introducing our golf lessons for ages 5-6! Designed as an engaging introduction, these classes provide a fun and basic understanding of playing golf. Hosted at our new location at Pebble Creek Golf Course, the lessons ensure a joyful experience for the youngest members of your household. All necessary clubs and equipment are provided for a hassle-free and enjoyable learning adventure. Join us as we make the world of golf accessible and enjoyable for your little ones!

Fees and Location

- \$40/child, four 45-minute lessons
- Pebble Creek Golf Course, 2525 N. 19th St.
- Drop-offs and pickups will be located at the North putting green.
- Day 1 & 2 - all outside; day 3 & 4 - all inside

	Session 1	Session 2
	June 2, 9, 16, 23	July 7, 14, 21, 28
Times	Mondays	Mondays
8-8:45am	28556	28548
9-9:45am	28558	28550
10-10:45am	28551	28543

Session 1

June 2, 9, 16, 23

Mondays

Times

11-11:45am
5-5:45pm
6-6:45pm
7-7:45pm
8-8:45pm

28552
28553
28554
28555
28557

Session 2

July 7, 14, 21, 28

Mondays

28544
28545
28546
28547
28549

Red Level, 7-17 Year Olds

This summer, our Red Level golf lessons are tailored for youth ages 7-17. In a concise 4-day program, we focus on specific skills in key aspects of the game, providing targeted daily lessons for practice throughout the week. Graduation to the White Level, marked by receiving a chip, may require multiple Red Level sessions. All equipment, including clubs and balls, is provided for a streamlined learning experience. Elevate your golf game with focused and effective lessons.

Fees and Locations

- \$50/session, four 45-minute lessons
- Pebble Creek Golf Course, 2525 N. 19th St.
- (PW) Prairie West Golf Course, 2709 Longspur Trail, Mandan, drop off at main gate
- Day 1 & 2 - all outside; day 3 & 4 - all inside, except PW

Dates	Time	Days	Code
May 27-30	9-9:45am	T, W, Th, F	28586
May 27-30	10-10:45am	T, W, Th, F	28584
May 27-30 (PW)	5-5:45pm	T, W, Th, F	28585
June 3-6	11:30am-12:15pm	T, W, Th, F	28581
June 3-6	12:30-1:15pm	T, W, Th, F	28993
June 3-6	6:15-7pm	T, W, Th, F	28582
June 3-6	7:15-8pm	T, W, Th, F	28583
June 10-13	9-9:45am	T, W, Th, F	28572
June 10-13	10-10:45am	T, W, Th, F	28574
June 10-13	5-5:45pm	T, W, Th, F	28573
June 17-20	11:30am-12:15pm	T, W, Th, F	28575
June 17-20	12:30-1:15pm	T, W, Th, F	28994
June 17-20 (PW)	6:15-7pm	T, W, Th, F	28576
June 17-20 (PW)	7:15-8pm	T, W, Th, F	28577
June 24-27	9-9:45am	T, W, Th, F	28580
June 24-27	10-10:45am	T, W, Th, F	28578
June 24-27	5-5:45pm	T, W, Th, F	28579
July 8-11	11:30am-12:15pm	T, W, Th, F	28569
July 8-11	6:15-7pm	T, W, Th, F	28570
July 8-11	7:15-8pm	T, W, Th, F	28571
July 15-18	9-9:45am	T, W, Th, F	28562
July 15-18	10-10:45am	T, W, Th, F	28560
July 15-18	5-5:45pm	T, W, Th, F	28561
July 22-25	11:30am-12:15pm	T, W, Th, F	28563
July 22-25 (PW)	6:15-7pm	T, W, Th, F	28564
July 22-25 (PW)	7:15-8pm	T, W, Th, F	28565
July 29-Aug. 1	9-9:45am	T, W, Th, F	28568
July 29-Aug. 1	10-10:45am	T, W, Th, F	28566
July 29-Aug. 1	5-5:45pm	T, W, Th, F	28567



White Level, 7-17 Year Olds

This summer, we're offering White Level golf lessons for youth ages 7-17. The program includes an initial skills evaluation and instruction on making tee times. Participants will then learn check-in procedures, short game skills using the Toptracer Range, golf course etiquette, continuous putting methods, and match play formats. The final segment focuses on Toptracer Range 3-hole matches, golf course management strategies, and overall skill enhancement. Join us for a comprehensive and practical introduction to the world of golf. All clubs and equipment are provided.

Fees and Location

- \$65/session, four 60-minute lessons
- Pebble Creek Golf Course, 2525 N. 19th St.
- (PW) Prairie West Golf Course, 2709 Longspur Trail, Mandan, drop off at main gate
- Day 1 & 3 - all outside; day 2 & 4 - all inside, except PW

Dates	Time	Days	Code
May 27-30	11am-12pm	T, W, Th, F	28612
May 27-30 (PW)	6-7pm	T, W, Th, F	28613
May 27-30 (PW)	7:15-8:15pm	T, W, Th, F	28614
June 3-6	9-10am	T, W, Th, F	28611
June 3-6	10:15-11:15am	T, W, Th, F	28609
June 3-6	5-6pm	T, W, Th, F	28610
June 10-13	11am-12pm	T, W, Th, F	28600
June 10-13	12:15-1:15pm	T, W, Th, F	28995
June 10-13	6-7pm	T, W, Th, F	28601
June 10-13	7:15-8:15pm	T, W, Th, F	28602
June 17-20	9-10am	T, W, Th, F	28605
June 17-20	10:15-11:15am	T, W, Th, F	28603
June 17-20 (PW)	5-6pm	T, W, Th, F	28604
June 24-27	11am-12pm	T, W, Th, F	28606
June 24-27	12:15-1:15pm	T, W, Th, F	28996
June 24-27	6-7pm	T, W, Th, F	28607
June 24-27	7:15-8:15pm	T, W, Th, F	28608
July 8-11	9-10am	T, W, Th, F	28599
July 8-11	10:15-11:15am	T, W, Th, F	28597
July 8-11	5-6pm	T, W, Th, F	28598
July 15-18	11am-12pm	T, W, Th, F	28588
July 15-18	6-7pm	T, W, Th, F	28589
July 15-18	7:15-8:15pm	T, W, Th, F	28590
July 22-25	9-10am	T, W, Th, F	28593
July 22-25	10:15-11:15am	T, W, Th, F	28591
July 22-25 (PW)	5-6pm	T, W, Th, F	28592
July 29-Aug. 1	11am-12pm	T, W, Th, F	28594
July 29-Aug. 1	6-7pm	T, W, Th, F	28595
July 29-Aug. 1	7:15-8:15pm	T, W, Th, F	28596

Blue Level

Blue Level is designed for White Level graduates (staff approval), equipping them with the essential skills and knowledge to confidently navigate the golf course. Blue Level lessons can be scheduled through Dakota Junior Golf Association by calling Regan at 955-3252 or Gehrig at 870-0825.

August Youth Golf

This instruction is for youth ages 5-17 of all skill levels. Lessons and activities are tailored to each individual's skills and knowledge of the game. All clubs and equipment are provided.

Fees and Location

- \$50/session, four one-hour lessons
- Pebble Creek Golf Course, 2525 N. 19th St.

Dates	Time	Days	Code
Aug. 5-8	9:15-10:15am	T, W, Th, F	28541
Aug. 5-8	10:30-11:30am	T, W, Th, F	28540

Free Junior Golf, June-Aug.

Juniors age 17 and under play golf for free on selected courses from 7:30-11am. Please call the golf courses to make tee time reservations. Juniors play from the forward tee markers and may be paired up with other juniors if they have less than four players.

Day	Location	Phone
Mon.	Mandan Municipal, 1002 7th St. SW, Mandan	751-6172
Tues.	Riverwood, 725 Riverwood Dr.	222-6462
Tues.	Pebble Creek, 2525 N. 19th St.	223-3600
Thur.	Tom O'Leary, 1200 N. Washington St.	222-6531

Golfing With Youth

Juniors ages 17 and under play FREE* with a paying adult. Play as many holes as you wish until 30 minutes before sunset at Pebble Creek Golf Course, Riverwood Golf Course or Tom O'Leary Golf Course. Call the course to schedule a tee time.

Days and Times

- Every Friday, Saturday and Sunday
- June-August after 5pm
- September after 3pm
- October after 2pm

Green Fee & Cart

- Riverwood- \$30, Tom O'Leary- \$28, Pebble Creek- \$25
- * Additional \$12 cart fee applies with juniors ages 11-17 who ride.
- Golf carts must be returned to the pro shop at Tom O'Leary by 8:50pm now-July 31. Starting Aug. 1, golf carts must be returned 30 minutes before sunset.
- Golf carts must be returned 30 minutes before sunset at Riverwood and Pebble Creek.

Rain Out Policy

In case of inclement weather, golf lessons will be moved inside the Fore Seasons Center. Please check the website ALERT bar on the front page of our website, www.bisparks.org. You may also choose to "Follow" the BPRD Facebook page since weather notifications are also posted there.

Karate, Traditional Japanese

This class teaches traditional Japanese karate. Karate is a fun activity that improves discipline, listening and cooperation and respect for others.

Dates	Time	Days	Code
May 1-29	6:30-8:30pm	T & Th	27539
Aug. 5-28	6:30-8:30pm	T & Th	27534
Sept. 2-30	6:30-8:30pm	T & Th	27542
Oct. 2-30	6:30-8:30pm	T & Th	27541
Nov. 4-25	6:30-8:30pm	T & Th	27540
Dec. 2-18	6:30-8:30pm	T & Th	27535

Ages, Fees and Location

- For ages 10+
- \$40/month or \$175/5 months
- World War Memorial Building, 215 N. 6th St.
- Contact Bill Froelich, 226-3415, for more information.

Safety Village

Safety Village is a preschool safety education program that teaches children home, car, pedestrian, bike, fire and other safety topics. Safety Village is a child-size town complete with buildings, sidewalks, signed intersections, streets and marked crosswalks. Classroom instruction and guest speakers teach and encourage safety lessons.

Ages, Fees and Location

- \$65/child
- Children who are five or six years of age by June 1, 2025.
- Frances Leach High Prairie Arts & Science Complex, 1810 Schafer St.

Dates	Time	Code
June 2-13	10am-12 noon	28653
June 2-13	1-3pm	28654
June 16-27	10am-12 noon	28651
June 16-27	1-3pm	28652
July 7-18	10am-12 noon	28649
July 7-18	1-3pm	28650
July 21-Aug. 1	10am-12 noon	28647
July 21-Aug. 1	1-3pm	28649

Please do not register children who have attended previously. Enrollment is limited to 40 per session and pre-registration is necessary.

Table Teacher

If you are interested in being a Table Teacher, please fill out the Table Teacher application available at the Bismarck Parks and Recreation District office. Table Teachers must enjoy working with young children and singing. The Table Teacher assists children with activities throughout the day. They must be going into 7th grade or older. **This is a volunteer position.**

Soccer, Coed Recreational

Coed recreational youth soccer teaches students going into grades K-9 the fundamentals, skills and sportsmanship of the game. These basics include passing, dribbling, shooting and teamwork. Participants learn through drills, scrimmages and games. Participants must wear shin guards. Soccer cleats are optional-NO METAL CLEATS. Our emphasis is on equal play time, and most of all, FUN!

Ages and Fees

- Grades K-9 (grade entering in fall 2025)
- An information sheet is available at www.bisparks.org.
- \$65/player-if received on or before May 9
- \$75/player-if received May 10 or later
- The number of players at each site is limited.

Locations

- Horizon Middle School, 500 Ash Coulee Dr.
- if you live north of Divide Ave.
- Cottonwood Park, 2506 12th St. SE.
- if you live south of Divide Ave.

Grade	Location	Dates	Day	Times	Code
K-1	Cottonwood	June 2-July 23	M & W	6:30-7:30pm	28663
K-1	Horizon	June 3-July 24	T & Th	6:30-7:30pm	28664
2-3	Cottonwood	June 2-July 23	M & W	6:30-7:30pm	28656
2-3	Horizon	June 3-July 24	T & Th	6:30-7:30pm	28657
4-6	Cottonwood	June 2-July 23	M & W	7:45-8:45pm	28659
4-6	Horizon	June 3-July 24	T & Th	7:45-8:45pm	28660
7-9	Cottonwood	June 2-July 23	M & W	7:45-8:45pm	28661

*No soccer on July 2 and 3

Minimum of 42 players registered needed for 7-9th grade group at Cottonwood.

REGISTER FOR PROGRAMS AT WWW.BISPARKS.ORG

Swimming Lessons, Indoor

Fee and Location

- \$60/Session
- BSC Aquatic & Wellness Center, 1601 Canary Ave.

TENTATIVE SESSION DATES: Please check www.bisparks.org for the most accurate registration and class information. All dates below are TENTATIVE.

The schedule will be posted online at www.bisparks.org prior to registration. Lesson levels are summarized below. Learn more details online at www.bisparks.org.

Spring Registration Session 1

Opens online or in person at the Park District office or at BSC Aquatic & Wellness Center on **Tuesday, April 1, at 10am**. Classes run two days a week for five weeks. Lessons will be offered between 4:20-8:10pm.

Spring Session 1 - April 7-May 7 (M & W)

Spring Session 1 - April 8-May 8 (T & Th)

*No classes April 21.

Summer Registration Session 1

Opens online or in person at the Park District office or at BSC Aquatic & Wellness Center on **Tuesday, June 3, at 10am**. Lessons will be offered between 9am-1pm and 4:15-7:30pm.

Summer Session 1 - June 9-July 9 (M & W)

Summer Session 1 - June 10-July 10 (T & Th)

*No classes July 3. No fun day.

Summer Registration Session 2

Opens online or in person at the Park District office or at BSC Aquatic & Wellness Center on **Wednesday, July 9, at 10am**. Lessons will be offered between 9am-1pm and 4:15-7:30pm.

Summer Session 2 - July 14-August 13 (M & W)

Summer Session 2 - July 15-August 14 (T & Th)

Preschool Aquatics (3-5 Yrs Old)

Throughout the three levels, preschool-age children are taught basic aquatic safety and swimming skills, all while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interaction with other children. As in all swimming and water safety courses, your child will always know that it's safety first.

- **Preschool A-** Orients children to the aquatic environment and helps them gain basic aquatic skills.
- **Preschool B-** Helps children gain greater independence in their skills and develop more comfort in and around the water.
- **Preschool C-** Helps children start to gain basic swimming propulsive skills to be comfortable in and around the water.



Learn-to-Swim (6 Yrs-Teen)

Designed to help participants achieve maximum success, Learn-to-Swim courses are based on a logical, six-level progression that helps swimmers of varying ages and abilities develop their water safety, survival and swim skills.

- **Level 1-** Introduction to Water Skills: Helps participants feel comfortable in the water.
- **Level 2-** Fundamental Aquatic Skills: Gives participants success with fundamental skills.
- **Level 3-** Stroke Development: Builds on the skills in level 2 through additional guided practice in deeper water.
- **Level 4-** Stroke Improvement: Develops confidence in the skills learned and improves other aquatic skills.
- **Level 5-** Stroke Refinement: Provides further coordination and refinement of strokes.

Private Swim Lessons

Private lessons consist of four 30-minute sessions; the fee is \$85. The private swim lesson schedule is set on a month-to-month basis based on instructor availability. Notice is posted on Facebook. If no instructors appear on the website after selecting the register button, there are no openings.

Register at www.bisparks.org, Private Swim Lessons. During registration, you must choose four dates and times or you cannot proceed. Detailed registration instructions are provided on the website. Call Jahna at 701-751-4270 with questions.

Small Group Private Lessons

During online registration, you may register one participant and add two more participants for a small group private lesson at the same time with the same instructor. Children must be of similar age and skill level to be in lesson together. Small group lessons are \$75 per participant.

Adaptive Group Swim Lessons

These group lessons for individuals with disabilities teach the foundation for safely enjoying aquatic environments and promoting as much independent movement in the water as possible. This program is not aquatic therapy; instead, the lessons teach and encourage enjoyment of the water as a leisure recreational activity. Lessons will be taught by a Red Cross certified water safety instructor who completed adapted aquatics training and skill evaluation through iCanShine. Register at www.bisparks.org, Adaptive Group Swim Lessons.



Swimming Lessons, Outdoor

Locations

Elks Aquatic Center, 321 W. Broadway Ave., 222-6607
Hillside Aquatic Complex, 1719 E. Boulevard Ave., 222-6419
Paul H. Wachter Aquatic Complex, 205 Reno Ave., 222-6614

- Participants must be at least 3 years old.
- Lessons are 30 minutes each, from 9:30-11:30am.
- There are three, 2-week lesson sessions.

Fee and Registration

- \$45/child. No refunds. If inclement weather exists, instructors hold classes in the facility.
- No online registration is available. Please register at the pool where you wish to take lessons. Please call each pool for more detailed information.

Session Class Dates Registration Dates

Session 1	June 16-27	June 9, 11am; June 10, Noon
Session 2	July 7-18	June 30, 11am; July 1, Noon
Session 3	July 28-Aug. 8	July 21, 11am; July 22, Noon

For more information on outdoor pools, see page 24.

Swimming Lessons, Daycare

These swim programs are specifically designed for daycare centers to enroll their little ones in classes together. Lessons are two days a week for five weeks, either Monday/Wednesday or Tuesday/Thursday options are available.

Indoor

- Summer I: June 9-July 10
- Summer II: July 14-Aug. 14
- Cost is \$60/child per session
- BSC Aquatic & Wellness Center, 1601 Canary Ave.

Contact Jahna for more information and to schedule your group: jgardiner@bisparks.org or 751-4270.

Outdoor

- Summer I: June 16-27: 9-9:30am or 9:30-10am
Registration Date: June 9, 9am; June 10, noon
- Summer II: July 7-18: 9-9:30am or 9:30-10am
Registration Date: June 30, 9am; July 1, noon
- Summer III: July 28-Aug. 8: 9-9:30am or 9:30-10am
Registration Date: July 21, 9am; July 22, noon
- Cost is \$45/child per session.
- **Elks Aquatic Center**, 321 W. Broadway Ave., 222-6607
- **Hillside Aquatic Complex**, 1719 E. Boulevard Ave., 222-6419
- **Paul H. Wachter Aquatic Complex**, 205 Reno Ave., 222-6614

Registration forms can be picked up at park district main office, 400 E. Front Ave.

NOW HIRING LIFEGUARDS & SWIMMING INSTRUCTORS

Apply online at www.bisparks.org/jobs.
 For more information, contact Jahna
 at 751-4266 or
jgardiner@bisparks.org. EOE

Swim Safety

American Red Cross Lifeguarding Class

The primary purpose of the courses in the American Red Cross Lifeguarding program is to provide participants with the knowledge and skills needed to:

- Prevent, recognize and respond to aquatic emergencies.
- Provide professional-level care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) professionals take over.

Lifeguarding (Including Deep Water) training is conducted and evaluated in water depths ranging from 0 feet to water 7 feet and greater (ranging from 8-12 feet maximum). This is a blended learning course combining online sessions with in-person sessions. The online session for the Lifeguarding course has 16 modules and takes approximately 6 hours to complete all modules of the online session.

Course Prerequisites:

- Be at least 15 years old on or before the final scheduled session of the course.
- Complete the online learning portion of the course BEFORE class begins.
- Successfully complete the following two prerequisite swimming skills evaluations:
 1. Complete a swim-tread-swim sequence without stopping to rest.
 2. Complete a timed event within 1 minute, 40 seconds.

Males must wear boxer-style swimming suit and females must wear a one-piece swimming suit. Any person with long hair is required to put it up or wear a swim cap.

Fees and Registration

- \$250 or **FREE when you submit a job application to work at BPRD**. Includes fanny pack, adult and infant CPR masks. If the candidate is not able to pass the prerequisite skills, a full refund is issued.
- **All class times and dates are MANDATORY.**
- Once registered, participants will receive instructions via email for the Red Cross Online Learning. The email will be sent no earlier than about 3 weeks before the class begins. The online material must be fully completed before the first day of class. Proof of completion is required before class begins.
- No refunds are given for "no shows" after the course begins.

Dates	Time	Code
April 4-6	9am-6pm	27948
May 15-16; May 17-18	5-9pm; 9am-6pm	28623
May 27-29	9am-6pm	28624
May 30; May 31-June 1	1:30-9pm; 9am-6pm	28625
June 2-4	9am-6pm	28621
June 6; June 7-8	1:30-9pm; 9am-6pm	28622



Lifeguarding Recertification Class

Need to be recertified? Please see course description and requirements for the Lifeguarding class, as they are the same requirements for recertification. The course fee is \$150. **FREE for BPRD employees. Must have application submitted or be currently working.** Questions? Call Jahna at 751-4270.

Dates	Time	Code
April 12	8am-7pm	29022
May 10	8am-7pm	29023
May 26	8am-7pm	29024
June 5	8am-7pm	29025

* Must show proof of AMERICAN RED CROSS LIFEGUARD CERTIFICATION. This class does not re-certify for other lifeguard agencies.

American Red Cross Lifeguard Instructor Course

The American Red Cross Lifeguard Instructor course trains instructor candidates how to teach American Red Cross Lifeguarding, Shallow Water Lifeguarding, Aquatic Attraction Lifeguarding, Waterfront Skills, Waterpark Skills, First Aid, CPR/AED for Professional Rescuers, Administering Emergency Oxygen and Bloodborne Pathogens.

- This course shows instructor candidates how to use course and presentation materials, conduct training sessions and evaluate the progress of candidates in a professional-level course.

Prerequisites

- Must be at least 17 years old.
- Possess a current Red Cross certification in Lifeguarding/First Aid/CPR/AED.
- Complete the online Lifeguard Instructor course through the ARC learning center before the first day of class. An email will be sent with instructions after registration.
- Pass two rescue skill scenarios that test lifeguarding and CPR (on the first day of class).

Certification and Fee

- \$300
- 2-year American Red Cross Lifeguard Instructor certification
- All class times and dates are MANDATORY.

Date	Time	Code
April 4; April 5-6	12-4pm; 8am-5pm	27958

Lifeguard Instructor Review Course

This in-person skills orientation is for CURRENT Red Cross Lifeguard Instructors and Instructor Trainers who must complete the in-person skills to update their Red Cross LGI/LGIT certification(s). All instructors participating must have successfully completed the Red Cross instructor online update PRIOR to participating in the LGI/LGIT update.

Items You Must Bring to Class

- Proof of online update completion
- Lifeguard Instructors manual
- Infant and adult CPR Mask
- Swimming suit and towel
- Proof of blended learning online completion (lifeguard renewal)

Fees and Registration

- \$60
- When registering, there is an option to renew your lifeguard certification for an additional fee.
- See www.bisparks.org for upcoming dates and times.

Water Safety Instructor (WSI) Certification

The American Red Cross Water Safety Instructor Certification Course trains WSI candidates how to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

Prerequisites

- WSI candidates must be at least 15 years old
- Demonstrate the ability to perform the following swimming skills on the first day of class:
 - Swim the following strokes consistent with Level 4:
 - Front Crawl, Back Crawl, Breaststroke, Elementary Backstroke, Sidestroke – 25 yards; Butterfly – 15 yards
 - Back float for one minute (floating or sculling)
 - Tread water for one minute

Required Online Course

- Once registered, participants will receive instructions via email for the Red Cross Online Learning. The email will be sent no earlier than about 3 weeks before the class begins. The online material must be fully completed before the first day of class. Proof of completion is required before class begins.

Certification and Fees

- 2-year American Red Cross Water Safety Instructor certification
- All class times and dates are MANDATORY
- Cost \$250

Date	Time	Code
May 27-29	9am-6pm	28991
June 2-4	9am-6pm	28992
June 9-11	9am-6pm	28990

Tennis

The 10 & Under tennis programs bring kids into the game with specialized equipment and shorter court dimensions, all tailored to age and size. This format makes learning tennis easy and fun! Kids should bring water and tennis shoes to lessons. Racquets are provided for those who don't have one.

Session I: June 2-26

- Registration Closes: May 28 at 10pm

Session II: July 7-31

- Registration Closes: July 2 at 10pm

Registration

- Registration closes five days before classes start. If minimum enrollment is met, registrations will be taken after the deadline if there is room in the class. Registrations after the deadline will be taken in person only.
- If classes reach capacity, more class times may be added and will be available for registration online. Those who are on waiting lists will have first priority in added classes.
- Instructor reserves the right to combine or cancel classes due to low enrollment.
- If classes are cancelled, participants are informed prior to the first day of class and refunds are issued.
- All classes have a minimum of 5 participants.

Tiny Tots

Kids are introduced to tennis on a 36-foot court using a foam ball. Basic skills of tennis are introduced through hand eye coordination and games. Focus is on fun, improving social skills and physical fitness.

Ages, Fee and Location

- Ages 3-4
- \$30/child per session – includes 8 40-minute classes
- Youth T-shirt included with registration fee (one per child)
- Sertoma Park Tennis Complex, 300 Riverside Rd.
- Capital Racquet & Fitness Center (CRFC), 3200 N. 10th St.
- Maximum enrollment per class: 8

Session 1: June 2-26

Times	Location	M & W Code	T & Th Code
9-9:40am	Sertoma	28974	28978
10-10:40am	Sertoma	28971	28975
11-11:40am	Sertoma	28972	28976
6-6:40pm	CRFC	28973	28977

Session 2: July 7-31

Times	Location	M & W Code	T & Th Code
9-9:40am	Sertoma	28965	28969
10-10:40am	Sertoma	28962	28966
11-11:40am	Sertoma	28963	28967
6-6:40pm	CRFC	28964	28968

Daycare Program Field Trips

This tennis program is specifically designed for daycare centers to bring their kids to a 45-minute class designed to teach them basic tennis skills, hand-eye coordination and games. Focus is on fun, improving social skills and physical fitness.

- Ages 3-8
- \$5 per child - for one 45-minute class
- **Online registration is unavailable.** Please call Matt at 401-4360 to schedule a date and time.

Child/Parent Class

Join your child and learn to play tennis together! A fun class that teaches a progression to learning tennis. This is also a great class for children already in tennis lessons. Parents can learn along with their child and help them progress. Parents are free with a paid child registration. Designed for parents and their children ages 3-6.

- \$35/child per session – includes 8 45-minute classes
- Capital Racquet and Fitness Center, 3200 N. 10th St.

Dates	Day	Times	Code
June 3-26	T & Th	5:15-6pm	28883
July 8-31	T & Th	5:15-6pm	28882



Netters

Kids use a 36-foot court and a red ball and expand their skills learned in Tiny Tots. Basic strokes are introduced including volleys, forehand and backhand. Tennis etiquette and sportsmanship is introduced. Games are played to utilize strokes learned and to focus on fun and promote physical fitness.

Ages, Fee and Location

- Ages 5-6 or instructor permission
- \$40/child per session – includes 8 55-minute classes
- Youth T-shirt included with registration fee (one per child)
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.
- Capital Racquet & Fitness Center (CRFC), 3200 N. 10th St.
- Maximum enrollment per class: 8

Session 1: June 2-26

Times	Location	M & W Code	T & Th Code
9-9:55am	Sertoma	29026	28960
10-10:55am	Sertoma	28953	28957
11-11:55am	Sertoma	28954	28958
6-6:55pm	CRFC	28955	28959

Session 2: July 7-31

Times	Location	M & W Code	T & Th Code
9-9:55am	Sertoma	28947	28951
10-10:55am	Sertoma	28944	28948
11-11:55am	Sertoma	28945	28949
6-6:55pm	CRFC	28946	28950

8 & Under Tennis

Kids are introduced to a 36-foot court using a red ball. Basic strokes are expanded upon, and serving and match play is introduced. Games are played to utilize strokes learned and to focus on fun and promote physical fitness.

Ages, Fee and Location

- Ages 7-8
- \$40/child per session – includes 8 55-minute classes
- Youth T-shirt included with registration fee (one per child)
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.
- Capital Racquet & Fitness Center (CRFC), 3200 N. 10th St.
- Maximum enrollment per class: 8

Session 1: June 2-26

Times	Location	M & W Code	T & Th Code
9-9:55am	Sertoma	28921	28925
10-10:55am	Sertoma	28918	28922
11-11:55am	Sertoma	28919	28923
6-6:55pm	CRFC	28920	28924

Session 2: July 7-31

Times	Location	M & W Code	T & Th Code
9-9:55am	Sertoma	28912	28916
10-10:55am	Sertoma	28909	28913
11-11:55am	Sertoma	28910	28914
6-6:55pm	CRFC	28911	28915



8 & Under Tennis - Advanced

This class is for 7-8-year-olds who would like more in-depth instruction before advancing to 10 & Under. Participants must be able to continuously rally over a mini-net and have an understanding of the serve. Ball placement and control will be introduced.

Ages, Fee and Location

- Ages 7-8 and instructor permission
- \$40/child per session, 2 days a week
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Session	Day	Times	Code
I-June 3-26	T & Th	12-1pm	28907
II-July 8-31	T & Th	12-1pm	28906

10 & Under Tennis

Kids are introduced to a 60-foot court when ready using an orange ball. Tennis strokes are more in depth and rallying is emphasized. Serving and match play are expanded on, and games are played to utilize techniques learned and to focus on fun and promote physical fitness.

Ages, Fee and Location

- Ages 9-10
- \$40/child per session – includes 8 55-minute classes
- Youth T-shirt included with registration fee (one per child)
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.
- Capital Racquet & Fitness Center (CRFC), 3200 N. 10th St.
- Maximum enrollment per class: 8

Session 1: June 2-26

Times	Location	M & W Code	T & Th Code
9-9:55am	Sertoma	28900	28904
10-10:55am	Sertoma	28897	28901
11-11:55am	Sertoma	28898	28902
6-6:55pm	CRFC	28899	28903

Session 2: July 7-31

Times	Location	M & W Code	T & Th Code
9-9:55am	Sertoma	28891	28895
10-10:55am	Sertoma	28888	28892
11-11:55am	Sertoma	28889	28893
6-6:55pm	CRFC	28890	28894

10 & Under Tennis - Advanced

This class is for 9-10-year-olds who would like more in depth instruction before advancing to Junior Beginner. Participants must be able to continuously rally and serve. Strategy in match play is introduced and focus is on ball placement and control.

Ages, Fee and Location

- Ages 9-10
- \$120, 2 days a week
- Youth T-shirt included with registration fee (one per child)
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.
- Maximum enrollment per class: 8

Session	Day	Times	Code
I-June 3-26	T & Th	10:30am-12pm	28886
II-July 8-31	T & Th	10:30am-12pm	28885

Junior Beginner

This class is for ages 11+ that would like to learn tennis. Basic grips, strokes, scoring, rules and etiquette are covered. Games are played to utilize strokes learned and to focus on fun and promote physical fitness. Taught by a CRFC certified USPTA tennis professional.

Ages, Fee and Location

- \$120, 2 days a week
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Session	Day	Times	Code
I-June 2-25	M & W	10:30am-12pm	28931
II-July 7-30	M & W	10:30am-12pm	28930

Junior Varsity

These lessons focus on preparing the beginning entry level player for playing on their high school team. These fun classes emphasize the basic strokes of tennis. Scoring, basic singles and doubles play, basic strategy and etiquette are covered. Lots of fun games and drills, all taught by a CRFC certified USPTA tennis professional.

Fees and Location

- \$120, 2 days a week
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Session	Day	Times	Code
I-June 2-25	M & W	12-1:30pm	28941
I-June 3-26	T & Th	12-1:30pm	28942
II-July 7-30	M & W	12-1:30pm	28939
II-July 8-31	T & Th	12-1:30pm	28940

Varsity

These classes focus on the competitive aspects of tennis, including stroke production, spin, singles and doubles positioning and strategy, etiquette and sportsmanship. Lots of fun, yet challenging drills and competitive games, all taught by a CRFC certified USPTA tennis professional. No online registration. Participants must test into this class or get prior approval.

Fees and Location

- \$120, 2 days a week
- Capital Racquet & Fitness Center, 3200 N. 10th St.

Session	Day	Times	Code
I-June 2-25	M & W	4-5:30pm	28982
I-June 3-26	T & Th	4-5:30pm	28983
II-July 7-30	M & W	4-5:30pm	28980
II-July 8-31	T & Th	4-5:30pm	28981



Junior Team Challenges

Participants ages 7-12 get an introduction to competition using a red, orange or green ball based on age. This low level competitive play experience highlights teamwork and skill development in a fun social environment.

Players enter as individuals and will be matched with others of like ability to form teams. Racquets are provided for those who need one. Parents are encouraged to sign up to be on court helpers. Awards are given to each participant for competing!

- \$7/player
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Dates	Day	Time	Code
June 13	F	10:30am-12pm	28936
June 20	F	10:30am-12pm	28937
July 18	F	10:30am-12pm	28934
July 25	F	10:30am-12pm	28935

Summer Grand Slam Youth Tennis Tournament

We are ending the summer with a grand slam event! Whether you were in tennis lessons during session one, two or both, you are invited to a free tournament to showcase your tennis skills! Want to sign up and you weren't in summer lessons? No problem, then only a \$5 registration fee applies. There will be medals and prizes for all who participate.

Ages, Fee and Location

- Free – if enrolled in summer 2025 tennis lessons
- \$5 – no enrollment in summer 2024 tennis lessons
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Date	Times	Ages	Code
Monday, Aug. 4	9am-12pm	6-10	28928
Tuesday, Aug. 5	9am-12pm	11-18	28927

Outdoor Court Reservation

Outdoor tennis courts are reserved for high school teams, programs and special events April-October. View the online calendar at www.bisparks.org.

Track Meet

The Elementary Track Meet is sponsored by Bismarck Public Schools and Bismarck Parks and Recreation District. There is no fee to participate in the Elementary Track Meet.

- Located at MDU Resources Community Bowl, 1701 Canary Ave.
- Registration takes place through the Bismarck public and private school physical education classes.
- No pre-registration necessary.

Grade	Date	Time
5th Grade	Wed., May 14	9:15am-3:15pm

Volleyball

Coed Youth

Summer youth volleyball is a camp-style morning program. Focus is on fundamental skill building through passing, hitting and serving drills, games/scrimmages and fun in the sand.

Grade*	Date	Days	Time	Code
5-6	June 3-July 31	T & Th	8:30-9:45am	28986
7-8	June 3-July 31	T & Th	10-11:30am	28987

*In fall 2025

- No volleyball July 3.

Fee and Location

- World War Memorial Building (WWMB), 215 N. 6th St., and Sertoma Park Sand Volleyball Courts, 300 Riverside Park Rd. (Shelter 10 entrance)
- The first week is at WWMB. Schedule to follow. Starting the third week: Tuesdays at WWMB and Thursdays at Sertoma.
- \$70/player-if received on or before May 1
- \$80/player-if received May 2 or later

Coed Sand for High School

This is an 8-week high school sand volleyball league. Teams play one match per week. Matches are supervised and officiated.

Ages and Fee

- Between ages 13 and 19
- \$40/player (minimum of 8 players/team)

Dates and Times

- June 2-Aug. (8-week session)
- Monday or Tuesday evenings (choose one)
- 6pm, 6:45pm or 7:15pm; alternate each week

Registration

- **Deadline:** Wednesday, May 21
- Must register as a team.
- Minimum of four teams.
- Register at Park District office, 400 E. Front Ave.

Wibit Water Toys

Climb, jump and enjoy inflatable water toys. For children ages 6+.

Times, Location and Fees

- Most Saturdays and Sundays through May 11 - Visit bisparks.org for the most current schedule.
- BSC Aquatic & Wellness Center, 1601 Canary Ave.
- CRFC or BSC AWC Members: FREE
- Non-Members Entrance Fees: Kids (6-12yrs) \$4.25, Students (13-18yrs) \$5.25 and Adults \$7

Adaptive Recreation

Adaptive recreation programs are available for youth and adults. Please see page 4 for more information

Fencing

Fencing lessons are available for youth and adults. Please see page 6 for more information.

Fitness

6-Week STRENGTH

6-Week STRENGTH is the "sweet spot" of keeping the fitness experience large enough to be a fun, interactive experience while small enough to maintain focus on quality. A nationally certified Personal Trainer will take you through a variety of workouts while assessing proper form. This program focuses on functional strength and getting stronger while learning proper movement patterns.

Date	Days	Time	Code
May 6-June 12	T & Th	6:30-7:15pm	29017

Fees and Location

- BSC Aquatic & Wellness Center (BSC AWC), 1601 Canary Ave.
- \$120 BSC AWC and Capital Racquet & Fitness Center member; \$168 non-member
- Personal Trainer: Maggie

30-Day Reset

Ready to reprogram your body? Get your nutritional habits back in order and increase your physical activity level. Weekly group workouts plus individual guidance from a personal trainer, including pre/post individual assessment, nutritional assistance, exercise plan and communication via a fitness app.

Date	Days	Time	Code
April 29-May 27	T	5:30-6:15pm	28485

Fees and Location

- BSC Aquatic & Wellness Center (BSC AWC), 1601 Canary Ave.
- \$90 BSC AWC and Capital Racquet & Fitness Center member; \$115 non-member (includes 30-day membership to BSC AWC and CRFC)
- Personal Trainer: Maggie

Foam Rolling Workshop

Improve your post-exercise recovery with this hands-on workshop. This class demonstrates how to use the Rollga Foam Roller to reduce pain and soreness and increase joint range of motion for better muscle repair and recovery. Roll your way to better performance in and out of the gym.

Date	Days	Time	Code
May 3	Sat	9-9:45am	29032
June 7	Sat	9-9:45am	29033
July 12	Sat	9-9:45am	29034

Fees and Location

- BSC Aquatic & Wellness Center (BSC AWC), 1601 Canary Ave.
- \$15
- Pre-registration only
- Personal Trainer: Maggie



ParkFIT

This summer, get fit outside! These outdoor fitness classes mix cardio, strength training, core work, and stretching, all while enjoying a beautiful summer morning at a park!

Date	Time	Location	Code
June 3	5:45-6:30am	Sertoma Park FitLot	29027
June 10	5:45-6:30am	Kiwanis Park Fitness Trail	
June 17	5:45-6:30am	Horizon Park Fitness Trail	
June 24	5:45-6:30am	Jaycee Centennial Park FitLot	
June 3	8:30-9:15am	Sertoma Park FitLot	29030
June 10	8:30-9:15am	Kiwanis Park Fitness Trail	
June 17	8:30-9:15am	Horizon Park Fitness Trail	
June 24	8:30-9:15am	Jaycee Centennial Park FitLot	

Fees

- Pre-registration only (maximum of 12 participants, ages 14+)
- Fee includes four sessions, each Tuesday in June.
- July sessions TBD, visit bisparks.org for details.
- Capital Racquet & Fitness Center or BSC AWC Members: \$40; Non-members: \$50

Weight Room Basics

Increase your weight room knowledge and jump start your confidence with this class. A certified personal trainer will guide you through each cardio and weight machine to learn what each one does and what muscle group you'll strengthen. You'll get a personalized exercise log card for you to keep notes and to record your future workouts. That way you can keep track of machines, weights and your progress. You'll leave knowing how to have a safe and effective workout.

Date	Days	Time	Code
May 3	Sat	10-11am	29019
June 7	Sat	10-11am	29020
July 12	Sat	10-11am	29021

Fees and Location

- BSC Aquatic & Wellness Center (BSC AWC), 1601 Canary Ave.
- Capital Racquet & Fitness Center or BSC AWC Members: \$20; Non-members: \$25
- Personal Trainer: Maggie

Golf

Group Golf Beginner Lessons

Have fun and learn the fundamentals of golf. Group golf lessons are open to women or men over the age of 18. You will receive focused attention while learning long game, short game, and how to navigate the golf course. Clubs and range balls are included.

Group Lessons Available

- Coed
- Women Only
- Couples Only

Fees and Location

- Offered at Riverwood and Pebble Creek Golf Courses
- \$100 per person
- 1-hour lesson each week for four weeks
- 6 students max per class

Lessons are held May, June, July or Aug.

To register for group lessons, please call Riverwood Golf Course at 222-6462, option 1.

Private Golf Lessons

Private golf lessons offer personalized, one-on-one instruction with an experienced golf instructor. Tailored to your preferences, lessons cover any aspect of the game and can take place on the range, practice area, or on the course.

Fees and Location

- Lessons held at Tom O'Leary, Riverwood or Pebble Creek
- Lessons are half-hour sessions

To register for private lessons, please call Riverwood Golf Course at 222-6462, option 1.

Karate, Traditional Japanese

Karate lessons are available for youth and adults. Please see page 8 for more information.

Pickleball

Drop-In Play

Pickleball is a fun paddle sport that combines many elements of tennis, badminton and ping-pong. Pickleball is played with a paddle and a plastic ball with holes and can be played as doubles or singles. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

Summer Hours

Beginners

- Johnny Gisi Memorial Park Tennis/Pickleball Complex, 2547 E. Calgary Ave.
– Monday-Friday: 8am-12pm

Intermediate

- North Central Tennis/Pickleball Complex, 830 Central Ave.
– Monday, Wednesday and Friday: 8am-12pm
- Elk Ridge Pickleball Complex, 3620 Cogburn Rd.
– Tuesday and Thursday: 8am-12pm

Advanced

- Elk Ridge Pickleball Complex, 3620 Cogburn Rd.
– Monday, Wednesday and Friday: 8am-12pm
- North Central Tennis/Pickleball Complex, 830 Central Ave.
– Tuesday and Thursday: 8am-12pm

Pickleball 101-Beginners

Learn the basics of pickleball with other beginners. The class will focus on court layout, rules and beginner drills. Paddles are provided.

Dates	Day	Times	Code
June 3-24	T	11am-12pm	28641
June 3-24	T	5:30-6:30pm	28643
July 8-29	T	11am-12pm	28639
July 8-29	T	5:30-6:30pm	28638

Fee and Location

- \$40, minimum of 4 participants needed for class to be held.
- **Mornings:** Sertoma Park Tennis/Pickleball Complex, 300 Riverside Park Rd.
- **Evenings:** Capital Racquet & Fitness Center, 3200 N. 10th St.

Pickleball Intermediate

Want to advance your pickleball game? Learn drills and strategy to elevate your game to the next level! Taught by an experienced pickleball player.

Dates	Day	Times	Code
June 3-24	T	9:30-11am	28636
July 8-29	T	9:30-11am	28634

Fee and Location

- \$60, minimum of 4 participants needed for class to be held.
- Sertoma Park Tennis/Pickleball Complex, 300 Riverside Park Rd.

Pickleball Mixer - Wednesday, July 11

Part of July Celebration, the pickleball mixer will keep everyone playing in a social, fun and competitive environment. Each individual is matched with players of similar ability. Beverages and snacks are provided. Come join the fun!

- FREE 9am-12pm
- Elk Ridge Park Pickleball Complex, 3620 Cogburn Rd.
- Pre-registration required. Registration Code: 28644

Bismarck-Mandan Pickleball Club Tournament and Leagues

Bismarck-Mandan Pickleball Club is planning on bringing tournaments and leagues to the area this summer. Keep up to date at their website bismarckmandanpickleball.com.

Softball

Coed Summer Softball

Grab some of your friends and play coed summer softball through Bismarck Parks and Recreation District.

- USA Softball approved bats only.
- Players/teams bring their own bats.
- Umpires are provided whenever possible.

Dates	Days	Time
June 1-July 20	Sun	6:30pm

Fees and Location

- Rosters and fees are due by May 9.
- \$150 sponsor fee (includes state sanction fee and beverage permit) and \$45/player
- Minimum of 13 players
- Clem Kelley Athletic Complex, 517 W. Arbor Ave. or Cottonwood Park, 2506 S. 12th St.

Coed Fall Softball

Bismarck Parks and Recreation District runs a fall coed softball program.

- This is an USA Softball wooden bat only league. Bats are provided by Bismarck Parks and Recreation District.
- Umpires are provided when possible.

Date	Day	Times
Aug. 25-Oct. 6	M or W	6:30pm Early Games
Aug. 25-Oct. 6	M or W	8:45pm Late Games

Fees and Location

- Rosters and fees are due by Aug. 8.
- \$150 sponsor fee (includes state sanction fee and beverage permit) and \$45/player
- Minimum of 13 players
- Clem Kelley Athletic Complex, 517 W. Arbor Ave.

League Tournament

- Saturday, Sept. TBA

Softball Weekend Diamond Reservations

Bismarck Parks and Recreation District softball and baseball diamonds can be reserved for practice on weekends during the season. All softball association teams are assigned practice times prior to the start of the season, beginning in April. After the season begins, teams must call the BPRD office at 222-6455 on Friday to reserve a diamond for that weekend.

Tennis

USTA Tennis in Your Park (Beginner Adults)

Sponsored by USTA Northern, these fun classes emphasize the basic strokes of tennis. Scoring, basic singles and doubles play, basic strategy and etiquette will be covered. Lots of fun games and drills are taught by a USTA safe play certified tennis instructor. Everyone that registers will receive a free adult tennis racquet!

During the session, Thursday court time will be reserved for drop-in match play for participants. A schedule will be distributed the first night of lessons.

Fees and Location

- \$60
- Minimum of 5 participants needed for class to be held.
- **Mornings:** Sertoma Park Tennis Complex, 300 Riverside Park Rd.
- **Evenings:** Horizon Park Tennis Complex, 4800 Durango Dr.

Dates	Day	Time	Code
June 3-24	T	5:30-7pm	28874
June 5-26	Th	9-10:30am	28875
July 8-29	T	5:30-7pm	28873
July 10-31	Th	9-10:30am	28872

Intermediate Adults

This class is for players with some tennis experience or advanced beginners. This fun class reinforces grips, preparation and swing path for forehands, backhands, volleys, overheads, serves and return of serves. Introduces spin and placement and emphasis on situational tennis. Singles and doubles positioning and strategy. Lots of fun games and drills, all taught by a CRFC certified USPTA tennis professional. Come join us!

Fees and Location

- \$60 one day a week, 1.5 hour each session
- Minimum of 5 participants needed for class to be held.
- Capital Racquet & Fitness Center, 3200 N. 10th St.

Dates	Day	Time	Code
June 2-23	M	5:30-7pm	28880
July 7-28	M	5:30-7pm	28878

Dynamic Doubles

Doubles strategy drills open to all level of players. Participants will work on triangles and diamonds, line cues, excelling at taking the ball out of the air, and what shot to hit, when, where, and how. Your doubles partner wants you in these drills.

Fees and Location

- \$120 two days a week, 1.5 hour each session
- Minimum of 5 participants needed for class to be held.
- Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Dates	Day	Time	Code
June 2-25	M & W	9-10:30am	28870
July 7-30	M & W	9-10:30am	28869

BMTA Adult Leagues

Whether you are a beginning player or an advanced player, the Bismarck/Mandan Tennis Association (BMTA) has a league for you! The leagues are a team tennis format. Visit playtennis.usta.com/bmta/SocialLeagues for more information on leagues offered and membership and league fee.

League Dates

- May 28-Aug. 6 (summer league)
- Aug. 13-Sept. 17 (fall league)

BMTA Special Events

- Friends of Jackie Dockter Memorial Tournament, June 6-8
- Mandan Open: adults, June 21
- Mandan Open: juniors, June 20
- Bismarck Open: juniors, July 31-Aug. 1
- Bismarck Open: adults, Aug. 2-3

Private Tennis Lessons

Private tennis lessons are available throughout the week at Capital Racquet & Fitness Center, 3200 N. 10th St. Call 221-6855 to set up lessons with one of our certified tennis instructors. Discounts available for BSC Aquatic & Wellness Center or Capital Racquet & Fitness Center members.

Lesson	Members	Non-Members
Private	\$50/hr.	\$55/hr.
Semi-private	\$25/hr.	\$27/hr.
Group of 3	\$19/hr.	\$21/hr.
Group of 4	\$16/hr.	\$18/hr.
Group of 5	\$14/hr.	\$16/hr.
Hitting Lesson	\$34/hr.	\$39/hr.

Indoor Tennis Court Time Special - 50% Off

Individual tennis court rates at Capital Racquet & Fitness Center, 3200 N. 10th St., are 50% off June-Aug. Call 221-6855 to reserve your court time. Offer excludes lessons and programs.

Outdoor Court Reservation

Outdoor tennis courts are reserved for high school teams, programs and special events April-October. View the calendar at www.bisparks.org.

Volleyball

Adult Sand Leagues

Registration

- March 31-April 11, 7:30am-5pm
- Bismarck Parks and Recreation District Office, 400 E. Front Ave., or email volleyball@bisparks.org.

Teams accepted on a first-come, first-served basis. Please see the website for complete registration instructions.

Dates, Times and Location

- May 18-Aug. (10-week season)
- 6pm start time for most locations with matches scheduled every 45-50 minutes. Latest start time is 8:15pm.
- Local Sand Volleyball Courts

6 Person-Recreation & Competitive

League	Day
Coed	Sun, T & Th
Women's	M & W

4 Person-Competitive

League	Day
Coed	T
Men's	W
Women's	W

* All leagues start at 6pm.

Fees

- \$125 Sponsor Fee
- All teams will receive a team beverage permit with their schedule.
- \$45/player
- All rostered players must pay a fee.
 - 4-person leagues must pay for 5 players
 - 6-person leagues must pay for 7 players

Roster Deadline

Roster forms are available at the Bismarck Parks and Recreation District Office and **must be returned by April 11 with the proper fees.**

Adult Fall & Winter Leagues

We offer two separate volleyball seasons. Fall season sign-up is in August. Winter season sign-up is in December. Space is limited! Teams accepted on a first-come, first-served basis.

Registration

- TBA
- Bismarck Parks and Recreation District office

Dates

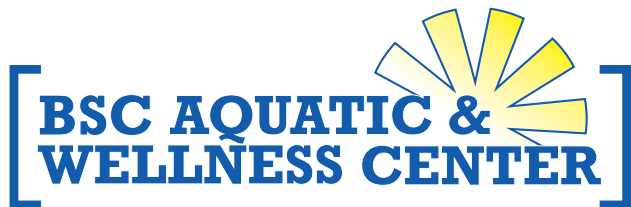
- Two 11-week seasons
- Fall: Sept. 8-Nov. 20
- Winter: Jan. 5-March 19

Days

- Monday: Women C,D,E,F
- Tuesday: Coed A-F
- Wednesday: Women A-F, Men C-D
- Thursday: Men A-C, Coed D-F
- Makeup matches are held on Sundays

Fees

- More information available in the Fall Activity Guide.



1601 Canary Ave., Bismarck, ND 58503
701-751-4266

The BSC Aquatic & Wellness Center, located on the Bismarck State College campus, has a 50-meter competition pool, diving, recreation and lap pools, a wellness center with strength and cardio equipment and group fitness classes. The facility also has Turtle Beach playground and meeting rooms.

Hours: Sept. 1-May 31

- Monday-Thursday: 5:30am-10pm
- Friday: 5:30am-8pm
- Saturday: 7am-7pm
- Sunday: Noon-7pm

Hours: June 1-Aug. 31

- Monday-Thursday: 5:30am-8pm
- Friday: 5:30am-7pm
- Saturday: 7am-2pm
- Sunday: Closed

Pool Hours

- Pools closes 30 minutes prior to facility closing.
- For a pool schedule and rules, visit www.bisparks.org

Fees

- For complete membership fees, refer to following page.

Turtle Beach Indoor Playground

Turtle Beach is a self-contained area with natural looking climbing, tunnel and sliding elements. It also features a poured-in-place rubber surfacing to mimic water and sand! Have fun watching your baby or young child play with the turtles, crocodiles, sand castle and rowboat! Members can use the playground for free, non-members \$2 per child.

Fun Fitness Trail

Add some meaningful movement to your day with the Fun Fitness Trail. Jump, crawl, hop, and push on the colorful stickers for some active and engaging fun! It's perfect for releasing some energy and renewing your focus. This playful activity challenges your gross motor skills and provides lots of sensory input. Available during facility hours for all ages.



3200 N. 10th St., Bismarck, ND 58503
701-221-6855

The Capital Racquet & Fitness Center, located in north Bismarck, has indoor tennis courts, racquetball and wallyball courts, indoor track (1/9 mile), a fitness center with strength and cardio equipment, group fitness classes, saunas and hot tubs.

Hours: Sept. 1-May 31

- Monday-Thursday: 5:30am-10pm
- Friday: 5:30am-9pm
- Saturday: 7am-7pm
- Sunday: 10am-7pm

Hours: June 1-Aug. 31

- Monday-Thursday: 5:30am-9pm
- Friday: 5:30am-8pm
- Saturday: 7am-2pm; Sunday: Closed

Fees

- For complete membership fees, refer to following page.

KidZone

KidZone at Capital Racquet & Fitness Center is designed for hours of fun with a ball pit, bounce house, art and movie area, and lots of other toys.

- This indoor play space is open during regular CRFC hours.
- This is not a drop-off program; parents/guardians must stay and provide supervision.
- Members: free; Non-Members: \$2 per child.
- See www.bisparks.org for KidZone calendar..

Pro Shop

The Pro Shop carries a variety of tennis, racquetball and pickleball merchandise. Racquet stringing is available by certified racquet stringers on staff.

Fitness Incentive Programs

BSC AWC and CRFC participate in the SilverSneakers, Silver and Fit, Prime® Fitness, Renew Active and One Pass™ programs. Learn more at www.silversneakers.com, www.silverandfit.com, www.tivityhealth.com, www.uhcrenewactive.com or www.medicare.com/fitness.

Group Fitness Classes

Group fitness classes are FREE with a dual membership. Guests are always welcome and simply pay the daily admission fee. Visit www.bisparks.org/group-fitness-classes for a complete schedule and location information. Examples of classes:

- | | | | | |
|--------------|--------------------------------|-----------------------|---------------------|--|
| • Aquabata | • Aqua Rock Fitness | • Forever Fit | • S3 Fusion | • Water Walking |
| • Aqua CORE | • CBS - Core, Balance, Stretch | • Les Mills BODYPUMP™ | • Strength + Core | • Yoga/Stretch |
| • Aqua Dance | • Cycling | • Pilates | • Tabata | • Personal Training, refer to page 21. |
| • Aqua FIT | • Deep Water | • Step | • Total Body Toning | |
| | | | • Water Works | |

Memberships are dual memberships for both BSC Aquatic & Wellness Center (BSC AWC) and Capital Racquet & Fitness Center (CRFC). Members can use both fitness facilities.

Membership includes:

BSC AWC: 50-meter competition pool, diving, recreation and lap pools, a wellness center with strength and cardio equipment, group fitness classes, Turtle Beach playground and reduced rates on select fitness programs.

CRFC: Racquetball and wallyball court time and leagues, indoor track (1/9 mile), a fitness center with strength and cardio equipment, group fitness classes, sauna, hot tub and reduced rates on tennis leagues, lessons, court time and select fitness programs.

Tennis Membership includes:

Want MORE tennis? Capital Racquet & Fitness Center has some extras for you with a Tennis Membership. Includes the basic membership features PLUS:

6-month Tennis Membership:

- Two hours of tennis per day; reservations made up to seven days in advance

12-month Tennis Membership:

- Two hours of tennis per day; reservations made up to seven days in advance
- 1 FREE tennis league, per person, per session
- 50% discount on member rate for additional tennis leagues per session
- Early tennis league sign-up

Memberships	Membership 6-month monthly fee	Membership 12-month monthly fee	Tennis Membership 6-month monthly fee	Tennis Membership 12-month monthly fee	Daily Fee for Non-Members
12 & Under (11 mo. & younger: Free)	\$21/month	\$17/month	\$61/month	\$52/month	\$4.25
Student 13-18	\$40/month	\$32/month	\$80/month	\$67/month	\$5.25
College Student (w/College ID)	\$95/Spring or Fall Semester \$65/Summer Semester		\$78/month	\$65/month	\$5.25
Adult 19-64	\$52/month	\$42/month	\$103/month	\$86/month	\$7
Household*	\$78/month	\$63/month	\$155/month	\$130/month	\$20
Senior 65+	\$40/month	\$32/month	\$90/month	\$76/month	\$5.75
Senior Household-2 adults, 65+	\$58/month	\$47/month	\$133/month	\$113/month	—
Monday-Friday: 8am-3pm (CRFC or BSC AWC)					\$5
Turtle Beach Play Area at BSC AWC and KidZone at CRFC (adult supervisors are free)					\$2
Indoor Track at CRFC					\$2
Locker Rental			\$20/One month	\$55/Six months	\$80/12 months
Daily Admission Coupon Book (12 passes)					\$70
Tennis Coupon Book (12 - 1.5 hour passes)		Members: \$62		Non-Members: \$108	
Summer Tennis Coupon Book (12 - 1.5 hour passes) Valid Memorial Day-Labor Day		Members: \$31		Non-Members: \$54	

* A Household is up to two adults and their dependent children high school age and under including any children under their care.

NOTE: Prices are subject to change. Taxes are added at the time of purchase.

Insurance Reimbursement Programs

Get money back on your membership each month with a qualifying reimbursement program, including Sanford and Blue Cross Blue Shield of ND. Visit www.bisparks.org or call your insurance provider directly.

Court Reservations

Members and non-members can reserve a tennis court two days in advance (one court/person). Tennis members can reserve tennis courts seven days in advance (one court/person). All members may reserve racquetball courts seven days in advance. Non-members can reserve racquetball courts two days in advance.

Memberships can be purchased at www.bisparks.org or either BSC Aquatic & Wellness Center or Capital Racquet & Fitness Center.

MEMBERSHIP SPECIALS!

Summer Student - \$65*
Valid May 1-Aug. 31, 2025

Back home from college and want to stay in shape without having to sign up for a lengthy membership? The Summer Student membership is valid at both CRFC and BSC AWC.

* Taxes are added at the time of purchase.

Get Ready for Summer Special - \$50 off a 6-month Adult or Household Fitness Membership

Spring is the perfect season to help shake off those winter blues and get ready for summer! Jump start your fitness goals with a membership from CRFC and BSC AWC.

Special runs from April 1-30, 2025. *Some restrictions apply.

Birthday Parties

BSC Aquatic & Wellness Center

1601 Canary Ave., Bismarck, ND 58503 • 751-4266

BSC AWC offers parties in the community rooms with direct access to the recreation pool and indoor playground. The rooms include tables and chairs with plenty of space for food and gifts.

Pool/Turtle Beach Playground Party Perks

Turtle Beach Playground is an indoor playground and play space. Wibit Water Toys are not available mid-May to mid-September. See schedule at www.bisparks.org.

- 10 facility passes (additional passes available for daily fee)
- Gift for birthday child
- 2 hours of community room use and access to indoor pool and playground
- Party Fee: \$110
- Reserve online at www.bisparks.org

Party Rooms	June 1–Aug. 31	Sept. 1–May 31
Puklich Chevrolet Community Room 1 14' x 23' • Accessible • Bathrooms • Electricity – 6 outlets • Heated and A/C • Dry Erase Board Capacity: 15	Fridays: 1:30–3:30pm 4–6pm Saturdays: 8:30–10:30am 11am–1pm	Saturdays: 11:30am–1:30pm 2–4pm 4:30–6:30pm Sundays: 1–3pm 3:30–5:30pm
Puklich Chevrolet Community Room 2 14' x 37' • Accessible • Bathrooms • Electricity – 9 outlets • Heated and A/C • Small Sink Capacity: 25	Fridays: 2–4pm 4:30–6:30pm Saturdays: 9–11am 11:30am–1:30pm	Saturdays: 11am–1pm 1:30–3:30pm 4–6pm Sundays: 12:30–2:30pm 3–5pm

Capital Racquet & Fitness Center

3200 N. 10th St. • 221-6855

CRFC offers private rooms with access to the indoor tennis courts and KidZone area. The rooms include tables and chairs with space for food and gifts.

Tennis/KidZone Party Perks

- 10 facility passes (additional passes available for daily fee)
- 2 hours of tennis court time, access to KidZone and a private room
- Party Fee: \$100

Sept. 1–May 31

- Saturdays: 10am–12pm; 1–3pm OR 4–6pm
- Sundays: 12–2pm OR 3–5pm
- Mondays–Fridays: Call for availability

June 1–Aug. 31

- Call for availability

KidZone is also available for private group or preschool/daycare rentals. Contact Matt for more information at 221-6855.

Fitness Facility Rentals

Both fitness facilities may be reserved for special events and tournaments. Please contact BSC AWC at 701-751-4266 or CRFC at 701-221-6855 for more information and rates.

Fitness Studios and Community Rooms

The fitness studios at both BSC AWC and CRFC are available to rent during non-class hours. BSC AWC has two community rooms ready for your meeting or group gathering needs.

- Fitness studio or community room: \$30/hr
(Call for discounted or extended event rates.)

Personal Training

Capital Racquet & Fitness Center and BSC Aquatic & Wellness Center offer a variety of personal and group training options. Our trainers are BPRD employees certified through an accredited organization. Programs consist of cardiovascular exercise and weight training individualized for each person. Personal training is available to members and non-members. First-time personal training clients receive a FREE consultation.

Fees

- Members: \$40/1-Hour Session, \$30/Half-Hour Session
- Non-Members: \$46/1-Hour Session, \$36/Half-Hour Session
- Package rates are available
- Other services available: Body Composition & Fitness Assessments

Small Group Personal Training

Create your OWN small group personal training experience. Contact one of our nationally certified personal trainers and arrange the days/times that work best for your group.

It all comes together for you and friends or family in a small group setting. You can keep each other on track as you all work toward increased strength and fitness.

Small Group

- Min/Max Enrollment: 4–6 people
- 12 – 1-hour sessions
- Capital Racquet & Fitness Center or BSC Aquatic & Wellness Center Members: \$120; Non-Members: \$168

Semi Private

- Min/Max Enrollment: 2–3 people
- 12 – 1-hour sessions
- Capital Racquet & Fitness Center or BSC Aquatic & Wellness Center Members: \$240; Non-Members: \$288



Camping

General Sibley Park

General Sibley Park is located on S. Washington St., four miles south of the Bismarck Expressway.

The campground is currently closed for the season. Reservations for the 2025 season will be accepted starting Thursday, March 27, at 8am. The campground will open Friday, May 2, and close Monday, Oct. 13.

Tips for using our reservation system can be found at bisparks.org/facilities/general-sibley-park-campground.

The day park is available year-round during daylight hours. Parking is permitted outside of the park gates.

Office Hours

- Memorial Day–Labor Day, Monday–Sunday: 10am–9pm
- * Office hours vary during off-season.

Amenities

- Camping sites for tents and campers with electrical hook-ups
- 18-hole disc golf course
- Boat ramp (small boats less than 15', canoes and kayaks)
- Horseshoes
- Geocaches
- Interpretive trail
- Little Free Library
- Picnic shelters
- Playgrounds
- Poetry Boxes
- Restrooms and showers
- Sand volleyball court
- Water and dump stations

Fees and Rules

- Tent camping: \$14/day
- Camper sites with electricity: \$27/day
- Gathering of firewood is not permitted.
- Pruning, cutting or damage to trees and shrubs is prohibited.
- Digging and ground disturbance is prohibited.
- For complete rules, visit www.bisparks.org.

Shelter or Amphitheater Reservations

- See page 28 for shelter or amphitheater reservations.



Burleigh County Parks

Primitive camping is available at:

- Steckel Boat Landing, 292nd Ave. NW off Highway 1804
- Kimball Bottom Recreation Area, 10601 Desert Rd.
- Kniefel Boat Landing, 5716 Misty Waters Dr.

Sites are non-reservable, available on a first-come, first-served basis.

Camping at any one or more of the Burleigh County Parks for a period longer than 14 days during any 30-consecutive-day period is prohibited. Placement of camping equipment or other items on a campsite and/or personal appearance at a campsite without daily occupancy for the purpose of reserving that campsite for future occupancy is prohibited. Camping allowed only where authorized by site posting.

Hours

- 6am–10pm, unless fishing or camping

Rules

- Use of snowmobiles and off-road vehicles is prohibited except as posted.
- Vehicles may travel only on established roadway and must be parked in designated parking areas.
- Dogs must be leashed or penned. Pet excrement must be collected and properly disposed.
- Horses, cattle and other livestock prohibited.
- Discharge of firearms and propelled projectiles prohibited.
- Fires must be contained in a fire ring.
- Quiet must be maintained from 10pm–8am.
- No loud or amplified music without a permit.
- No littering.
- No glass beverage containers.
- Fireworks and firecrackers prohibited.

Eagles Park

Primitive camping is available at Eagles Park, located nine miles north of Pioneer Park on Highway 1804, just south of Double Ditch Indian Village State Historic Site. The 2025 season runs from May 2 to Oct. 13.

Reservations

Reservations for the 2025 camping season open March 27, and sites may be reserved 60 days in advance. 30 undesignated campsites may be reserved online at www.bisparks.org or by calling 701-222-6455. The fee is \$12 per night per camping unit (powered vehicle, motorhome, camping bus, pull-type camper, tent or any other device designed for sleeping).

In addition, the entire campground (campsites only) is reservable for 1 day at \$300, 2 days at \$500 or 3 days at \$600. Call 701-222-6455 for information.

First-Come, First-Served Campsites

4 campsites with 50amp service and 60ft gravel pads are available on a first-come, first-served basis at the campground. The fee is \$20 per night per campsite and payment is only accepted by cash or check. These sites cannot be reserved in advance.



Golf Courses

All Bismarck Parks and Recreation District golf courses are affordable, well maintained and welcome all skill levels. Each course is different in landscape, the amount of time it takes to play and in playing style. Players can get on a course very easily to learn or develop the game of golf. Each course has a pro shop. Club and cart rentals are available. Walk-ups are welcome at all courses and may be placed with another group.

Hours

- June-Sept: 7:00am-30 minutes before sunset
 - Sept.: 8:30am-30 minutes before sunset
 - Oct. : 9:30am-30 minutes before sunset
- *Hours may change with weather conditions.

No outside food or beverages are allowed into Riverwood or Tom O'Leary Golf Courses.

Pebble Creek (PC)

2525 N. 19th St. • 223-3600

- Nine-hole, par-34 course
- Natural links course running along the Hay Creek corridor
- Beginning and experienced players enjoy this short and sweet course
- Indoor and outdoor putting green
- Indoor and outdoor driving range
- Small cooler allowed if it fits into cart basket.
- Sheila Schafer Junior Links, four holes open for free play for all ages

Riverwood (RW)

725 Riverwood Dr. • 222-6462 or 250-7677

- 18-hole, par-72 course in a gallery forest near the Missouri River
- Parkland-style course with wide, tree-lined fairways and abundant wildlife
- Outdoor driving range and putting green; chipping and pitching practice areas
- Club house with concessions

Tom O'Leary (TO)

1200 N. Washington St. • 222-6531

- 18-hole, par-69 course in central Bismarck
- Well manicured, shorter and challenging for players of all skill levels
- Wonderful views, mature trees and wide open fairways
- Putting green and concessions
- Practice area, free to use with your own golf balls

Golf Lessons

Group or individual (adult and junior) by appointment at all facilities. For more information, contact Riverwood Golf Course at 701-222-6462 or contact Adam at 701-223-3600 for Pebble Creek Golf Course.

Toptracer Range

This ball-tracking system provides instant shot replays and statistical feedback on interactive screens, enabling you to make swing adjustments immediately.

- Fore Season Center, 2525 N. 19th St.
- 16 indoor driving bays

Golf Course Fees

Tee times are available to book three days in advance online at www.bisparks.org.

Green Fees	Pebble Creek	Riverwood	Tom O'Leary
Daily 9.....	\$20	\$30	\$22
Daily 18.....	\$26	\$40	\$32
Junior 18 or 9 (ages 17 and under).....	\$10	\$15	\$14
Senior 9 holes (65+).....	\$18	\$23	\$19
Senior 18 holes (65+).....	\$24	\$30	\$25

- Prices include tax.

Season Passes	PC	RW	TO	All 3
Adult (23+).....	\$560	\$850	\$740	\$1,350
Household*.....	\$1,350	\$1,850	\$1,675	\$2,650
Intermediate (ages 18-22).....	\$220	\$380	\$320	\$575
Junior (ages 17 and under)	\$125	\$210	\$200	\$275
Senior (65+).....	\$435	\$660	\$620	\$1,000

- Prices include tax.

* A Household is up to two adults and their dependent children high school age and under including any children under their care.

Green Fee Packages

- **Pebble Creek:** 12 rounds: 18 holes \$260, 9 holes \$200
- **Riverwood:** 12 rounds: 18 holes \$400, 9 holes \$300
- **Tom O'Leary:** 12 rounds: 18 holes \$320, 9 holes \$220

Green Fee Packages Senior (65+)

- **Pebble Creek:** 12 rounds: 18 holes \$240, 9 holes \$180
- **Riverwood:** 12 rounds: 18 holes \$300, 9 holes \$230
- **Tom O'Leary:** 12 rounds: 18 holes \$250, 9 holes \$190

Golf Cart Rental

- 18 holes-\$24/seat; 9 holes-\$12/seat
- **Season Cart:** Pebble Creek, Riverwood or Tom O'Leary - \$700, All 3 - \$1,200
- The use of "Golf Boards" and/or private individual personal vehicles on the golf courses is prohibited.

Golf Cart Coupon Books

- 12 coupons/book
- 9 holes-\$120
- 18 holes-\$240

Golf Club Rental

- Juniors: \$5 for 9 or 18 holes
- Adults: \$12 for 9 holes or \$24 for 18 holes. \$40 for premium clubs.

Riverwood and Pebble Creek Driving Range Prices

- Small Basket-\$6
- Large Basket-\$12

Bucket of Balls coupon book:

12 coupons for large basket-\$120

Outdoor Pools and Splash Pad

Dates: June 2-August

Weekday Hours (Monday-Thursday)

- General Swim Session: 12-4pm
- Evening Swim Session: 4:30-8pm
- Pools are closed daily from 4-4:30pm

Weekend Hours (Friday, Saturday & Sunday)

- General Swim Session: 12-7pm

Lap Swim-Hillside Only

- Monday-Friday: 11:30am-12:30pm
- \$1 entrance fee

Elks Aquatic Center

321 W. Broadway Ave. • 222-6607

- Splash pad
- Two small slides
- Large patio area with umbrellas
- Playground
- Concessions and three party rooms
- Across the street from Custer Park with nearby green space

Hillside Aquatic Complex

1719 E. Boulevard Ave. • 222-6419

- Two longer slides (170 feet and 155 feet)
- Water slide, water gun, net climb
- Tipping cone, climbing wall, umbrella jet
- Lap lanes
- Concessions and large party room
- Located in Lions Park with nearby green space, playgrounds, tennis courts and reservable shelters

Paul H. Wachter Aquatic Complex

205 E. Reno Ave. • 222-6614

- Also known as the "wave pool"
- Gentle, ocean style waves are created periodically throughout the swim session
- Located next to Wachter Park with nearby green space, playgrounds and reservable shelters

Swimming Inclement Weather

Whenever inclement weather threatens participants or lightning is spotted, the pools will close. If the air temperature is not 66 degrees by 11am, the pools will not open. If the pool closes during a session, you will receive a rain check. Rain checks must be used during the pool season.

Rules

- Children 8 years old and under must be accompanied by someone 16 years old or older.
- Daycare Ratio: 6 children/daycare supervisor. No exceptions.
- For complete list of rules, visit www.bisparks.org.

Splash Pad at New Generations Park

New Generations Park, 1021 Mustang Dr.

- Open Memorial Day-Mid-Sept. (weather dependent)
- Daily 10am-8pm, Free
- The water is controlled by a button any user can push. (One push for 15 minutes of fun.)

Swimming Pool Fees

Daily Swim Fee

- \$5/session
- \$6/session with Hillside Waterslide
- Infants 11 months and younger, Free

Season Pass Cards for Outdoor Pools

- \$100/person
- \$130/person with Hillside Waterslide
- Purchase online starting April 3 or in person at the BPRD office, 400 E. Front Ave.
 - New passholders need to visit the BPRD office, 400 E. Front Ave., to receive their pass and have their photo taken.
 - Returning passholders may reactivate their pass for 2025 at the BPRD office or online starting April 3.
- No refunds.

Coupon Book for All Outdoor Pools

- 12 admissions for \$50
- 12 admissions with Hillside Waterslide for \$60
- Coupon books may be purchased at the pool or at the Park District Office, 400 E. Front Ave., prior to the opening of the pools.

Party Room Rentals-Elks Aquatic Center

Two party rooms are available during regular hours. Reservations will be accepted starting May 1, 2025, for the upcoming season. Reservations will be available online at www.bisparks.org or by calling 222-6455.

Fees and Party Perks

- Includes 10 Elks Aquatic Center admissions (\$5 per additional person).
- **Monday-Thursday:** 12-3pm OR 4:30-7:30pm
- **Friday-Sunday:** 12-3pm OR 4-7pm
- Party Fee: \$125

Party Space Rentals-Hillside Aquatic Complex

Party space is available during regular hours. Reservations will be accepted starting May 1, 2025, for the upcoming season. Reservations will be available online at www.bisparks.org or by calling 222-6455.

Fees and Party Perks

- Includes 10 Hillside Aquatic Complex with waterslide admissions (\$5 or \$6 per additional person, depending on waterslide).
- **Monday-Thursday:** 12-3pm OR 4:30-7:30pm
- **Friday-Sunday:** 12-3pm OR 4-7pm
- Party Fee: \$135

Private After Hours Rentals

All pools are available for private rentals after hours.

Elks Aquatic Center: \$275/hr.

Hillside Aquatic Complex: \$325/hr.

Paul H. Wachter Aquatic Complex: \$225/hr.

Please make rental reservations at least one week in advance to allow for staffing needs by calling Scott Nustad at 712-8918.

Facilities

Fore Seasons Center

Located at Pebble Creek Golf Course, 2525 N. 19th St., 223-3600.

Try the Fore Seasons Center for your golf, soccer and baseball needs! The Fore Seasons Center is also the golf shop for the Pebble Creek Golf Course.

Hours

- Daily 9am-9pm

Indoor Driving Range

- 26 stations
- 16 Toptracer Range bays, see page 23 for details
\$15/30 minutes; \$30/60 minutes

Bucket of Balls

- Small basket-\$6
- Large basket-\$12
- Club rental (4 clubs)-\$5

Bucket of Balls Coupon Books (12 coupons/booklet)

- Large-\$120

Batting Cage

- \$18/30 minutes; \$34/60 minutes
- Batting Cage coupon book:
12 coupons for 30 mins. each, \$180
12 coupons for 60 mins. each, \$340

Terrific Turf Time (T3)

Toss a football, play some catch, play some lawn games, play some Frisbee, toss around a beach ball, play some soccer, do your own workout, chase kids or have them chase you.

- Bring your own equipment or use selected equipment on site. Wear sport/tennis shoes. No cleats.
- All ages and all abilities are welcome. This is not a drop-off activity. Children 8 years old and under must be accompanied by someone 16 years old or older.
- \$4 per person, maximum of \$12 per family for each session.
- T3 sessions vary, depending on facility use. Call facility for hours.

Indoor Walking

- Weekdays from 9-10am, free of charge
- Open turf field: Six laps equals a half-mile
- Challenge track: Include the stairs and driving range platform, three laps equals a half-mile

Batting Cage or Driving Range Party

- 2-hour party time
- 1 hour of batting cages or 6 large buckets of balls
- Use of open turf field with recreation equipment
- Party fee: \$175 for Driving Range; \$135 for Batting Cage (Facility is open to other customers.)

Group or Team Rentals

Fore Seasons Center can be rented for parties, practices or events.

One Field (150' x 69')	Two Fields (150' x 139')	Three Fields (150' x 208')
\$80/hr	\$160/hr	\$210/hr

Frances Leach High Prairie Arts & Science Complex

1810 Schafer St.

Dakota West Arts Council

- www.dakotawestartscouncil.org
- 222-6640
- Dakota West Arts Council works with artists and arts organizations to provide excellent, inspiring, creative and educational programming and projects for the community.



Shade Tree Players

- www.shadetreeplayers.com
- 258-4998
- Shade Tree Players offers theatre classes and workshops for children 7-18.



THEO Art School

- www.theoartschool.org
- 222-6452
- Have a colorful, inspirational and active season with art. Check out the complete list of class offerings online.



TruNorth Theatre Co.

- www.trunorththeatre.org
- 557-1600
- TruNorth produces shows year round, specializing in small cast, ensemble works that span the spectrum of genres and periods that relate to the people of North Dakota.



World War Memorial Building

215 N. 6th St. • 222-6454

Facility Features

- Community Room
- Fitness/dance/karate room
- Three basketball/volleyball courts
- Youth gymnasium
- One racquetball court

Hours: April 1-May 31

- Monday-Thursday: 10am-9pm
- Friday: 10am-6pm
- Saturday & Sunday: Closed
- May 26 Closed

Hours: June 1-Aug. 29

- Monday & Wednesday: 10am-6pm
- Tuesday & Thursday: Noon-6pm
- Friday: 10am-5pm
- Saturday & Sunday: Closed

Hours: Aug. 30-March 31

- Monday-Thursday: 10am-9pm
- Friday: 10am-6pm
- Saturday: 9am-5pm
- Sunday: Noon-9pm
- Sept. 1 Closed

WWMB Birthday Party Special

WWMB offers a balcony room with access to the indoor gym. The room include tables and chairs with plenty of space for food and gifts.

Party Perks

- 1 hour gym use
- 2 hours of balcony room use for games, gifts and food
- Fee: \$60

Racquetball

- One racquetball court
- Call 222-6454 for reservations (one reservation per day)
- \$8/hour/court
- Noontime Racquetball Special: Anyone interested in playing racquetball from 11am-2pm Monday-Friday may reserve a court for \$5. Reservations are taken one day in advance.
- Wednesday Special: \$5/hr any time during the day

Court Reservations

- \$40/hour/court
- Basketball and volleyball adult teams may reserve a court for one hour by calling 222-6454 after 8:30am on the preceding Friday starting Sept. 5.
- Sunday evenings: 5-9pm for \$30/hour

Ice Arenas

Capital Ice Complex

1504 Wichita Dr. • 221-6813

Capital Ice Complex is home to two sheets of ice – Schaumburg Arena and Wachter Arena. This complex is home to youth hockey, figure skating, public ice skating and roller skating. The mezzanine space is available to rent for birthday parties or business meetings. Capital Ice Complex is located next to Wachter Park, home to Magical Moments Playground and the Paul H. Wachter Aquatic Complex.

VFW Sports Center

1200 N. Washington St. • 221-6814

The VFW Sports Center has three separate ice rinks (Rink 1, H.A. Thompson & Sons Arena and First International Bank & Trust Arena) and a curling rink. It is home to a multitude of recreation activities: hockey, figure skating, public skating and golf. Located near the facility are the Sam McQuade Sr. Softball Complex and Tom O'Leary Tennis Courts and Golf Course. The facility and grounds are surrounded by 2.4 miles of recreational trails.

Ice Facility Rentals

- Ice rentals: \$120/hour (limited availability)
- Dry floor: \$50/hour; \$600/day (hockey rink)
- Curling Rink dry floor (VFW Sports Center): \$500/day
- Building: \$1,200/day (commercial non-ice event)
- Reservations: call 221-6814

Public Indoor Ice Skating

- Check www.bisparks.org for complete schedule.

Parks

For a complete listing of parks, addresses and amenities, see www.bisparks.org.

Community Gardens

Bismarck Parks and Recreation District (BPRD) offers a community garden program. BPRD and Burleigh County provide the land use and the water for the community gardens. Interested individuals and families plant their garden, keep it weed free and enjoy the harvest. The fee is \$15 for a 10x10 plot and \$60 for a 20x20 plot.

Garden Locations

- Elk Ridge Park (3620 Cogburn Rd.)
- Horizon Park (4800 Durango Dr.)
- Johnny Gisi Memorial Park (2547 E. Calgary Ave.)
- Municipal Ballpark/Hannifin (303 W. Front Ave.)
- Missouri Valley Complex (3715 E. Bismarck Expressway)
- Tatley-Eagles Park (602 Airport Rd.)

New Gardeners

Anyone who did not have a community garden plot in 2024 may call the BPRD office at 701-222-6455 to be placed on the waitlist for 2025. Those on the waitlist will be contacted by email in mid-March regarding availability of garden plots. New gardener registration forms and payment will be accepted on a first-come, first-served basis starting March 19.

Community Orchard

The Bismarck Community Orchard is located at the Clem Kelley Softball Complex, 517 W. Arbor Ave. The Community Orchard location was chosen based on public accessibility, proximity to lower income populations within Bismarck, ease of use for educational purposes and supplying food pantries.

The goal of the orchard is to provide fresh produce for the community and the Hunger Free ND Garden Program and to provide educational opportunities for using and preserving fruit. For more information about the Community Orchard, including sponsorship and volunteering, please visit www.bisparks.org/parks-trails/community-orchard.

Disc Golf Courses

The Bismarck Parks and Recreation District maintains an 9-hole disc golf course within Lions Park, 1601 E. Boulevard Ave. There is also a 18-hole disc golf course within General Sibley Park located on S. Washington St. For league and tournament information, visit discgolfnd.pbworks.com.

Dog Park-Century Bark Park

700 E. Century Ave.

Please park in the parking lot west of Century High School to enjoy the four dog park fields.

- Daily 5am-11pm
- Big Paws Field is for dogs over 30 pounds.
- Wiggly Field is for dogs less than 30 pounds.
- Fetch Field is for all dogs and owners interested in a training and obedience area.
- Furry Field is for all dogs.

These off-leash fields are gated, and bags are provided for clean-up. For a complete list of safety rules for people and pets, visit www.bisparks.org or pick up a list at the Bismarck Parks and Recreation District offices at 400 E. Front Ave. The rules are also posted at the Century Bark Park.

Imagination Playground

Experience Imagination Playground and give your kids the opportunity to enjoy a completely new way to play! Children are invited to experience Imagination Playground in a Box, a concept that offers a changing array of elements that allow children to constantly reconfigure their environment and to design their own course of play. Giant foam blocks, moveable and buildable play pieces overflow with creative potential for children to play, dream, build and explore endless possibilities.

May-Sept.

Saturdays • 10am-1pm
BisMarket, Kiwanis Park, 318 S. Washington St.

Oct.-April

World War Memorial Building, 215 N. 6th St.

McDowell Dam Recreation Area

1951 93rd St. NE. • 223-7016

McDowell Dam Recreation Area is a 271-acre park located five miles east of Bismarck on Old Highway 10 and one mile north. The park is owned by the Burleigh County Water Resource District and managed by the Bismarck Parks and Recreation District. Available activities include swimming, boating, fishing and paddle boating. There is a public beach, picnic shelters (can be reserved for special occasions), horseshoe pits, a small concessions area, a playground and modern restrooms. There is a paved trail on the grounds and wooded area for nature walks or runs. There is also a nature trail encircling the banks of McDowell Dam.

Park Hours Year Round

Sunrise to sunset

Equipment Rentals

Memorial Day Weekend - Labor Day Weekend

Hours: Monday-Friday: 1pm-9pm; Saturday-Sunday: 11am-9pm

Paddleboat, Paddle Boards, Canoe, Kayak (single and tandem)

\$6/half hour; \$10/hour; \$14/hour and half

Shelter Reservations

- See page 28.
- Full day: \$70; Half day: \$40 (sunrise-3pm OR 4pm-sunset)

Skate Parks

Skateboard, bike and rollerblade enthusiasts will enjoy Bismarck's two outdoor skate parks. The parks are located at Lions Park, 1601 E. Boulevard Ave., and Sons of Norway Park, 1502 E. Bismarck Expressway. Skateboards, in-line skates and bicycles are allowed at each skate park. We ask users to abide by the skate park rules posted at each facility.

Park System Information

Bismarck Parks and Recreation District owns and manages more than 3,500 acres of parkland. Our parks are open year-round; however, some facilities operate on a seasonal basis.

Park Hours

Park hours vary depending on location. Please check posted signage regarding hours.

Park restrooms are scheduled to open in mid-May and close in mid-October, depending on weather.

Park Rules

For your safety and enjoyment, we ask you to abide by the following rules and regulations in our parks/recreation facilities:

- 1) Glass beverage containers are prohibited and alcohol permits are required.
- 2) Fireworks are prohibited at all times.
- 3) Vehicles are restricted to established roads and parking lots.
- 4) Horses are prohibited except at the Walt Neuens Memorial Horse Arena and Atkinson Nature Park.
- 5) Fires are restricted to fire pits and grills.
- 6) Posting of posters and advertisements is prohibited.
- 7) Vendor permits are required.
- 8) Discharge of weapons is prohibited.
- 9) Pets must be on a leash and please clean up after your pets.
- 10) Hunting, trapping or killing of animals or birds is prohibited.
- 11) No overnight camping is allowed in any city parks.

Bismarck Forestry Division

The mission of the Bismarck Forestry Division is to manage and improve the health of the urban forest while enhancing the quality of life for our growing community. The Forestry Division manages the trees on city and park district properties, as well as organizes Bismarck's annual Arbor Day ceremony each May.

Contact the Forestry Division at 701-355-1700, option 3, or visit www.bismarcknd.gov/101/Forestry for more information.

BisParks BCycle

BisParks BCycle is Bismarck's bike share program. It offers residents and visitors the opportunity to rent a bike to explore the community. Classic pedal bikes are available at all stations, while a limited number of pedal assist e-bikes are also available.

Hours: 7am-11pm Daily (Will reopen in spring when weather allows)

How It Works: Go to one of the bike stations. Then follow the steps to check out a bike using the BCycle app. You must be at a station and checking out a bike to set up an account on the app.

Stations:

- BSC Aquatic & Wellness Center, 1601 Canary Ave.
- Cottonwood Park (near Haaland Field), 2506 S. 12th St.
- Peace Park, 400 E. Front Ave.
- Sertoma Park (near Sertoma Park Community Center), 300 Riverside Park Road

Trails, Recreational

The Bismarck Parks and Recreation District provides more than 78+ miles of paved and unpaved recreational trails to the public. A map of the trail system is posted at www.bisparks.org.

Educational Trails

- Atkinson Nature Park, 1921 Riverwood Dr.
- Bill Mills Nature Trail, 300 Riverside Park Rd.
- Chief Looking's Earthlodge Village Interpretive Trail, 2023 Burnt Boat Dr.
- General Sibley Park and Campground Interpretive Trail, 5001 S. Washington St.
- Hay Creek Trail
- Missouri Valley Millenium Legacy Trail
- Rotary Club Arboretum Trail, Corner of Divide Ave. and College Dr.
- Zonta Park Trail, 111 Lake Ave.

Shelter Reservations – Available Online

Shelters (outdoor picnic and indoor centers) may be reserved for 2025 and 2026. Reservations for 2027 will open in January 7, 2026, at 8am.

Reserve shelters online at www.bisparks.org using the blue Online Account button on the homepage. Or call BPRD at 701-222-6455 or visit the Administrative Office at 400 E. Front Ave. (7:30am-5pm Monday through Friday). Reservation requests by email are not accepted. Payment is due at the time of reservation.

Outdoor Shelter Reservations

The park district has many parks with picnic shelters or smaller shade structures. Most shelters can be reserved. Amenities at each shelter, such as electricity, picnic tables, grills and restrooms, vary. Visit www.bisparks.org for a list of amenities by shelter, along with photos and park maps.

	Full Day: 8am–11pm	Half Day: 8am–3pm or 4–11pm
Outdoor Park Shelters	\$70.....	\$40
General Sibley Park Amphitheater , 5001 S. Washington St.....	\$50.....	\$35
– For-profit rentals.....	\$110.....	\$65
Custer Park Stage , 320 E. Custer Park St.....	\$50.....	\$35
– For-profit rentals.....	\$110.....	\$65
Sleepy Hollow Shelter , 2899 E. Divide Ave.	\$90.....	\$70

*General Sibley Park and McDowell Dam Recreation Area close at sunset.

Indoor Community Room Reservations

These spaces are multi-use, indoor buildings that are heated and air conditioned. Visit www.bisparks.org for a list of amenities for each space, as well as photos and floor plans.

	Full Day: 8am–11pm	Half Day: 8am–3pm or 4–11pm
Hillside Aquatic Complex , 1719 E. Boulevard Ave.....	\$275	\$225
– For-profit rentals.....	\$550	\$450
Lions Park Community Center , 1001 N. 17th St.....	\$150	n/a
Farwest Rotary Community Center , 1021 Mustang Dr.....	\$150	\$100
Jaycee Leadership Hall , 321 E. Century Ave.	\$150	\$100
Sertoma Club Community Center , 300 Riverside Park Rd	\$150	\$100
– For-profit rentals (Lions, Farwest, Jaycee, Sertoma).....	\$300	\$200

Joann Hetzel Memorial 4-H Building

Located within the Missouri Valley Complex, this space at 3715 E. Bismarck Expressway offers an open floor plan for large gatherings. A Rental Guide with details is posted at www.bisparks.org. Call 701-222-6455 to inquire about availability and secure rental space (email requests are not accepted).

Picnic Equipment Rental

- Volleyballs and nets
- Bats and balls
- Horseshoes
- Frisbees

All equipment is available on a first-come, first-served basis at the World War Memorial Building, 215 N. 6th St., for a \$50 deposit plus a \$15 use fee. Equipment is for residents who rent spaces from Bismarck Parks and Recreation District only. Deposit will be returned if equipment is returned cleaned within three days. Please call 701-222-6454 for additional details.

Alcoholic Beverage Permits

Anyone wishing to have alcoholic beverages in parks and recreation areas, where allowed, must obtain a beverage permit at the Bismarck Parks and Recreation District office, 400 E. Front Ave. You must be 21 years of age to purchase a permit.



Aquastorm Swimming/Diving Club

Aquastorm is a competitive swim team that competes in a fall/winter season (October-March) and a summer season (May-July). Members range in age from 5 to 18. Practice and coaching are ability based. Aquastorm's Head Coach is Jeff Steele.

For more information on the Aquastorm swim team or Masters, contact Thomas Wheeling at programdirector@aquastormswimming.com or go to aquastormswimming.com.

BisMan Bombshellz Roller Derby

The BisMan Bombshellz is a local roller derby league that promotes the sport of women's flat track roller derby by fostering an environment of teamwork, empowerment, athleticism and community involvement. Roller derby is a fast action full-contact sport on roller skates where "jammers" score points by lapping the opposition and "blockers" try to stop them.

Games are played at the Capital Ice Complex, 1504 Wichita Dr., April through September. For more details about games or joining, visit bismanbombshellz.com.

Bismarck Bobcats

The Bismarck Bobcats are a perennial top hockey team in the prestigious North American Hockey League. Established in 1997, the Bobcats have been providing great hockey and terrific entertainment! The action is fast and furious and the crowds are nutty fun.

You can get our schedule at bismarckbobcats.com or call 222-3300 to party like a Bobcat! GO CATS GO!

Bismarck Figure Skating Club

Bismarck Figure Skating Club offers a variety of learn to skate programs for youth and adults. The lessons feature a fun format to teach beginners techniques in skating to prepare them for advanced figure skating and hockey.

Anyone wishing to participate can visit bismarckfigureskatingclub.com.

Bismarck Gymnastics Academy

Bismarck Gymnastics Academy (BGA), in cooperation with Bismarck Parks and Recreation District, offers quality gymnastics programming for ages 18 months through 18 years. Gymnasts work on developing strength, flexibility, self-confidence, and more; skills used in gymnastics, other sports and in life!

Class registration is held every 3 months and is open to all individuals. BGA maintains a USAG competitive team and Show Team. They offer different opportunities for athletes to compete at a higher level. BGA also offers "open gym" for the public to enjoy supervised, unscripted time in the gym.

For more information, visit bismarckgymnastics.org!

Bismarck Hockey Boosters

Bismarck Hockey Boosters is a community-based organization dedicated to promoting and fostering the sport of ice hockey. Established to provide opportunities for youth to participate in organized hockey, the association offers a range of programs, from youth development leagues, tournaments and clinics. Bismarck Hockey Boosters plays a crucial role in building a strong hockey community, nurturing skills and instilling values like teamwork, discipline and sportsmanship among its members while contributing to the local sports culture.

For more information on youth hockey, go to www.bismarckhockey.com.

Bismarck Horse Club & Walt Neuens Memorial Horse Park

Bismarck Horse Club (BHC) was started in 1947 by a small group of trail riders. The club has expanded throughout the decades to over 100 members. In addition to trail rides, BHC offers four playdays during the summer. Events range from English to Western and gaming events. All ages and experience levels welcome! Membership includes use of the Walt Neuens Memorial Horse Park which includes three arenas, a 50-stall stable, and trails for riding.

For more information visit our Facebook page Bismarck Horse Club or bismarckhorseclub.com.

Bismarck Larks

Looking for FUN for the whole family? Check out the Bismarck Larks! They are more than a baseball team; they do FUN differently. Larks' games provide non-stop entertainment, including in-between inning promotions, giveaways, inflatables, mascots, and the largest video board in ND. The Larks play in the Northwoods League (NWL), a summer collegiate baseball league with 26 teams across the Upper Midwest. More than 370 NWL alumni reached the MLB. Enjoy delicious food, top-notch baseball, and entertainment at a Larks game.

For more information or to get tickets, visit larksbaseball.com.

Bismarck Mandan Bird Club

Bismarck Mandan Bird Club is all things about wild birds in our area for novice to expert birdwatchers. Visit these sites for more information about field trips, field guide books, bird identifications, meetings and presentations.

facebook.com/groups/BisManBirdClub
bismanbirding.wordpress.com
email bismanbirding@gmail.com

Bismarck-Mandan Lacrosse

Lacrosse continues to grow in Bismarck-Mandan. Watch for our Try Lacrosse clinics! The season runs April to June for kids grades K-12. Boys and girls are separate, as the game and equipment are different. Players are grouped by age. All participants are required to have a USA Lacrosse membership and must provide their own stick and protective equipment, but we do have some rental gear available. Practices and games are held during the week, while travel teams play games on 5-6 weekends throughout the Dakotas.

Visit bismanlacrosse.org for more information.

Bismarck Mandan Pickleball Club

Bismarck Mandan Pickleball was established to promote pickleball in the Bismarck Mandan area through advocacy, education, leagues and tournaments. Please consider becoming a member of the Bismarck Mandan Pickleball Club. See our website: bismarckmandanpickleball.com.

Bismarck-Mandan Tennis Association

The purpose of the Bismarck-Mandan Tennis Association is to promote tennis, and to work with all individuals, organizations, and businesses interested in promoting tennis within the Bismarck-Mandan area.

For more information on leagues and programs, visit bmta.usta.com.

Bismarck Men's & Women's Slowpitch Softball Associations

Men's: For more information, visit bismarcksoftball.com or the "Bismarck Slowpitch Softball Association" Facebook page.

Women's: Check the Bismarck Women's Slowpitch softball website and Facebook page for additional information. To be eligible to play, girls must be 13 by Dec. 31, 2025. Any questions can be directed to bwssa@live.com.

Bismarck Table Tennis Club

Bismarck Table Tennis Club meets at the World War Memorial Building, 215 N 6th St., Tuesday and Thursday evenings at 6:30pm. There is open play at no cost. Beginners to advanced players are welcome. Please bring your own racket.

For more information go to bismarcktabletennis.com or contact Seth at 701-471-8908.

Bismarck Youth Baseball

Established in 1991, Bismarck Youth Baseball (BYB) is a nonprofit youth baseball organization for ages 5-19 in the Bismarck area. BYB offers both recreational and competitive baseball programs. In 2024, BYB expanded its community-based program to include Babe Ruth and American Legion baseball. As a community-based program, we are "A Kid First Organization" and aim to provide baseball opportunities for all skill levels. BYB is a chartered member of Cal Ripken, Babe Ruth, and American Legion baseball associations.

For the most up-to-date registration information, visit bismarckyouthbaseball.org.

Bismarck Youth Fastpitch Softball Association

The goal of Bismarck Youth Fastpitch Softball Association is to enable players to learn the game of fastpitch softball in a fun and stimulating environment. Primary focus is placed on developing the skills necessary to help players age 5-18 to succeed and be the best softball players they can be. Our programs include summer league, competitive travel teams, and camps/clinics throughout the year.

Visit bismarckfastpitch.com for all program details and to register.

Bismarck Youth Football League

Bismarck Youth Football League (BYFL) is a local organization operated for the benefit of children entering the 3rd, 4th, 5th and 6th grade in the fall of the year who wish to participate in the game of tackle football. The BYFL consists of two football age divisions- 3rd-4th grade and 5th-6th grade with practices beginning in August.

BYFL would like to remind all coaches, parents and players that BYFL was formed to promote youth football in the Bismarck-Mandan area. BYFL is intended to be, at both age divisions, an instructional league that places an emphasis on the fundamentals of football. The emphasis of the program will also be to inspire youth to develop life skills of sportsmanship, character, teamwork and have fun playing football.

For more information, visit bismarckfootball.com.

BisMarket

BisMarket is your community farmers market! BisMarket includes fresh, local foods, ready-to-eat foods, baked goods, kid's activities, music, and more. BisMarket accepts SNAP benefits and has a Double Up program. BisMarket also opens the Imagination Playground during its market hours.

The Saturday market will begin the first Saturday in June and will wrap up in October.

For more information, visit bismarket.com or like us on Facebook!

Burleigh County 4-H

4-H provides hands-on, real life experiences through projects, activities and events to all youth in Burleigh County ages 5-18. Make new friends at monthly club meetings or project days, or attend 4-H camp. No matter what your interest is, 4-H provides activities related to STEM, pets, photography, baking, woodworking, gardening, welding, sewing, hippology, livestock, and so much more.

For more information on how to enroll in 4-H, contact Burleigh County Extension at nds.burleigh.extension@ndsu.edu or call 701-221-6865.

Capital Curling Club

Have you ever watched curling on TV and thought, "I'd like to try that!" or "How hard can that be?" If so, the Capital Curling Club is the place for you! We offer something for everyone, from the skeptic beginner to the passionate future Olympian! Our corporate events and instructional programs are open to all ages and ability levels. The club even has equipment available for new curlers to use. Winter leagues, learn-to-curls, and youth programs are forming now.

Visit us on Facebook or at capitalcurlingclub.org.

Central Dakota Resilience Track & Field

This new, competitive track club is for youth ages 4 and up. The club provides an opportunity for strengthening of skills, conditioning and competition with the chance of qualifying for regional and national meets. The club provides opportunities for running and field events.

Find more information about coaches, schedules and registration at centraldaktrack.weebly.com.

Dakota Junior Golf Association

Founded in 1988, the Dakota Junior Golf Association (DJGA) was developed to provide and promote junior golf activities. The mission of the organization is to grow the game through instruction and competition. DJGA is committed to becoming the premier junior golf organization in the Upper Midwest & creating the next generation of lifelong golf enthusiasts. DJGA:

1. Teaches golf by holding youth clinics and instructional classes conducted by qualified instructors.
2. Provides the opportunity for participation in competitive golf activities by junior golfers, including organizing and conducting junior golf camps and tournaments.
3. Encourages the development of a lifelong recreational activity, emphasizing good sportsmanship, self-discipline and an enjoyable experience.

For more information, visit djga.org or find us on Facebook, Twitter, or Instagram.

Dakota United Soccer Club

The primary goal of Dakota United Soccer Club is to provide a quality opportunity to children from the age of 4 through 6th grade. We welcome all playing abilities in an environment that is designed to support athletic and personal development. Our academy program is led by experienced, paid coaching staff who teach the fundamentals of soccer through fun and engaging practices. Recreation leagues are provided in the spring and fall where players will practice once a week and scrimmage on Saturdays.

Visit dakotaunitedsoccer.com for more information and registration.

Dakota West Arts Council

Dakota West Arts Council (DWAC) is the arts council of North Dakota's Capital City of Bismarck. DWAC serves as an umbrella arts agency and the voice of arts and culture in the area. DWAC's mission to "bring the arts to the everyday" happens through advocacy, community engagement, partnerships, and collaboration. We provide accessible arts programming and public arts projects by supporting artists and peer organizations in our city with an emphasis on underserved populations. DWAC is a 501(c)(3) nonprofit organization.

Find out more at dakotawestartscouncil.org.

Dakota Zoo

Dakota Zoo is all about creating adventure and saving wildlife! As well, Dakota Zoo features a number of special events that occur throughout the spring and summer months including our ever-popular Easter Egg Hunt as well as our Breakfast(s) at the Zoo. Also be sure to join the "Wildest Club in Town" for our Brew at the Zoo and Wine Tasting events later in the summer. The Zoo also puts on many educational camps, keeper led animal presentations and additional animal-related activities that are sure to be a delight for the entire family.

For more information and a schedule of upcoming events, call 701-223-7543 or check our website at dakotazoo.org.

Spring Hours: Until late April - Open Friday, Saturday and Sunday from 1-5pm

Summer Hours: Begin April 26 - Open daily from 10am-6pm

Dreams in Motion Adaptive Sports

Dreams in Motion offers competitive and recreational sports programs for youth and adults with mobility challenges or visual impairments. The organization offers wheelchair basketball, sled hockey, soccer, dance, downhill skiing, track and field, tennis, and more. Programs are free and open to all ages and skill levels. Equipment and coaching are provided; and the organization offers scholarships and raises funds for athletes and participants to travel to sanctioned events. Dreams in Motion is a member of Move United.

More information is available at dreamsinmotioninc.com or email dreamsinmotioninc@yahoo.com.

Fastrax BMX

Interested in trying BMX? The first race is FREE. Loaner helmets and bikes available. Join anytime!

Summer Schedule:
Race every Monday and Thursday.
Registration from 6-7pm. FREE Practice every Tuesday from 6-8pm.

Race Categories:

- Balance Bikes: 5 and under
- Class Bikes: tire size of 20" or smaller
- Cruiser Class: tire size of 24" or larger

Check out bismarckfastrax.com or Facebook for more info.

Flickertail Woodcarvers

Learn to craft handmade wooden carving projects while trading ideas with other carving enthusiasts. The Flickertail Woodcarvers have regular meetings and Whittle-Ins twice a month in the winter, and a potluck gathering during the summer months. We provide frequent learning and sharing opportunities for new and experienced woodcarvers. Never carved before? Come join us, and we'll teach you how. We have more formal class sessions in fall and spring for beginner carvers.

For more information, visit flickertailwoodcarvers.org or find us on Facebook.

Girl Scouts – Dakota Horizon

Girl Scouts provides every girl the opportunity to build courage, confidence and character to make the world a better place. We offer programs to meet girls where they are and how they want to participate. Girls can join a troop for the traditional Girl Scout experience or go solo by earning badges and attending programs independently.

Available for girls in grades K-12, we offer a diverse range of age-appropriate programs and activities year-round, including our entrepreneurial programs, unique outdoor camps and community service opportunities.

To learn more, visit gsdakotahorizons.org, call us at 1-800-666-2141 or send us an email at help@gsdakotahorizons.org.

Horseshoe Pitchers Association

The Bismarck-Mandan Horseshoe Pitchers Association would like to invite all individuals interested in pitching horseshoes to come out and join our sanction leagues located at the Wildwoods Horseshoe Complex in Sertoma Park near shelter 10.

For more information, please visit facebook.com/BisManHorseshoes.

Magic Soccer F.C

Magic Soccer F.C is an elite youth soccer club offering high level, year round programs. The program is player centered and results driven. We take pride in skills development. The goal of Magic Soccer F.C is to be the best club in the region and develop youth players who are capable to compete at the national and international level.

For more information, please visit magicsoccerskills.com.

Midwest Adult Hockey League

The Midwest Adult Hockey League (MAHL) is a very competitive hockey league that plays in Bismarck and Mandan from September through March. Currently, there are 14 teams that play each week on Sundays, Wednesdays and Fridays. Summer league, Friday Noon Skate and Pre-Season games are pick-up style and a good way to get on a team.

We are always looking for more players and teams to join our fast-paced league! Find us on Facebook by searching "Midwest Adult Hockey League."

Missouri River Adult Hockey League

The Missouri River Adult Hockey League (MRAHL) is an amateur hockey league operating in the Bismarck/Mandan area of North Dakota. With a league coordinating committee to help steer the development of the organization, the league has grown from a few players in 1997 to 18 teams currently in two different divisions. The league promotes fun, safe play environment with no checking.

For more information, please visit mrahl.com.

Missouri Slope Model Aero Club

The Missouri Slope Model Aero Club (MSMAC) flying field is located just south of McDowell Dam. MSMAC offers a family oriented fun environment for watching or learning to fly model aircraft of all sizes. Spectators are always welcome.

For information on any club events or matters, please contact: Zac Heskin at 701-340-2039. Visit msmacrc.org.

Nishu Bowmen Archery Club

The Nishu Bowmen Indoor/Outdoor Archery Complex, 1409 Riverwood Dr., is maintained by the Nishu Bowmen Archery Club. The outdoor range features two 14-target NFAA ranges used to host state field tournaments. Along with both north and south ranges, there is another practice range which allows shooting from ranges of 10-90 yards. The indoor archery complex has a lower-level range capable of shooting just beyond 30 yards and an upper-level 20-yard target range. Nishu offers a variety of indoor and outdoor leagues for both the competitive and non-competitive archers from youth to adults. Nishu Bowmen has affiliations with the NDACA, NDBA, NFAA, and USA Archery.

For more information, visit nishubowmen.com or find us on Facebook.

North Dakota Game & Fish Department

Outdoor Wildlife Learning Site located adjacent to the North Dakota Game and Fish Department headquarters office at 100 N. Bismarck Expressway. Bicycles and pets are not permitted. Portable restroom June-August. Fishing: Open during daylight hours. Catch and release only. No bait restrictions. Bluegill, trout, bass and catfish. Fishing license required 16 and older. Handicap accessible. Walking trails, bird watching and nature photography: prairie, wetlands, tree and shrub plantings, and a creek flows through the area. A self-interpretive guide and map is available

For more information, visit gf.nd.gov.

Northern Plains Dance

Northern Plains Dance (NPD) has been engaging and connecting dance with the community since 1998. With a broad range of classes for both children and adults, NPD allows dance to be easily accessible to all individuals. NPD prides itself on its commitment to provide professional faculty and upholds the highest level of respect for its students, committing to challenging dancers to reach their fullest potential.

NPD presents dynamic performances that appeal to a wide range of audiences while its community engagement programs encourage awareness of dance.

To learn more, visit northernplainsdance.org or call 701-530-0986.

Riverwood Men's & Women's Golf Associations

The Riverwood Men's and Women's Golf Association are non-profit organizations intended to promote the game of golf by providing golf handicaps and organizing league and tournament competitions for its members. The associations operate solely on membership dues, tournament and league entry fees, and business sponsorships.

The Riverwood Women's Golf association has a Wednesday morning and Wednesday evening league. Golfers can choose to golf in the morning starting at 8:30am or set a tee time for the afternoon or evening. Tee times can be set one week in advance. Casual play, with tee times made in advance, is also encouraged on Monday and Friday AM.

Membership applications and additional information is available at the Riverwood Pro-Shop or on facebook.com/RiverwoodMensGA or facebook.com/groups/134582623355123.

Sam McQuade Sr. Charity Softball Tournament

This annual charity softball event held in Bismarck-Mandan draws approximately 400 teams from the US and Canada, as well as roughly 15,000 fans. The event is hosted at several softball complexes every June and is considered to be the largest charity softball event in the world. The McQuade Charity Softball Tournament is celebrating our 50th Anniversary this summer and since the tournaments inception we have donated over \$2 million to local charities!

-June 27-29
-Bismarck-Mandan Softball Complexes

For more information, visit mcquades.com/softball.

Scouting America

Scouting America is for boys and girls who want to experience outdoor adventure. We have two distinct programs: Cub Scouts (Grades K-5) and Scouts BSA (Ages 11-17) that offer a wide range of opportunities such as camping, leadership skills, teamwork, hiking, and more! Our program is designed to provide opportunities in leadership, citizenship, personal fitness, and character. To learn more, contact the Bismarck Scout Center at 701-223-7204 or beascout.org.

Shade Tree Players

Shade Tree Players is an educational theatre organization for children 7-18 years old, that focuses on teaching skills and techniques to becoming confident actors. Shade Tree offers two summer programs: Academy (7-13 yrs) and Conservatory (13-18 yrs). Both programs offer musical and play productions. Every registrant gets a part! Conservatory will hold auditions on March 9, 17 and 25, 2025.

2025 Summer Shows:

- Academy Play: *Charlotte's Web*
- Academy Musical: *Imagine a Dragon*
- Conservatory Play: *Alice in Wonderland*
- Conservatory Musical: *The Addams Family Musical*

Follow us on Facebook and Instagram for current information and registration details. For more information, visit dakotastageltd.com/education.

Sleepy Hollow Theatre & Arts Park

As the only programming of its kind in the entire state Broadway-style musicals are presented outdoors in an attractive prairie setting. The venue attracts thousands of people to the capitol city with professional level lights, sound, sets and costumes on a 100' stage. Under the direction of professional directors, young people entering 1st grade thru graduating seniors provide quality entertainment as actors and orchestral musicians while learning character building skills that positively impact lives. The schedule for 2025/36th season is:

June: Camps/Classes in the Arts
July 10-19: The Wizard of Oz
July 24-August 2: Grease
August 14: A Night of Great Jazz

The site is accessible and features attractive wedding/event venues. For more information visit shtap.org, call 701-319-0894 or email susan@shtap.org.

Special Olympics

Special Olympics is the world's largest program of physical fitness, sports training and competition for children and adults with intellectual disabilities.

Any individual with an intellectual disability, 8 years or older, is eligible to participate in Special Olympics. Sports offered include unified soccer, unified and traditional bocce, bowling, basketball, snowshoeing, cross-country skiing, unified volleyball, swimming, powerlifting, and track and field. Unified Sports is a program within Special Olympics that combines equal numbers of athletes with and without intellectual disabilities on sports teams for training and competition.

Want to get involved? Volunteers are needed year-round in Bismarck/Mandan and throughout North Dakota to coach, officiate, participate as a unified sports partner, or be a day-of volunteer to work at tournaments. For further information, to volunteer or to participate, contact Special Olympics North Dakota at 1-800-279-4201 or info@specialolympicsnd.org. Visit us on our website at specialolympicsnd.org.

Super Slide Amusement Park

Located within Sertoma Park, the Super Slide Amusement Park has been locally owned and operated for over 50 years. The park features a 160 foot 6-six-lane super slide. Other attractions include a ferris wheel, carousel, teacups, rock climbing wall, batting cages, an 18-hole mini golf course, bank shot basketball, go carts, bumper cars, water wars, critter train, bounce house, swing ride, and North Dakota's only roller coaster. The concession stand includes ice cream, hot dogs, nachos, slushies, and more!

For more information, call 255-1107 or visit ndsuperslide.com.

July Celebration

Come out and play during National Park and Recreation Month! Make new park memories and enjoy all that summer has to offer with events all month long.

Visit www.bisparks.org for details this summer.

Register for a Bismarck Parks and Recreation District Program!

The registration information and form below only applies to BPRD programs, not to activities listed in the Other Programs and Partners section.

Online at www.bisparks.org

Online registration is available for all programs listed with a code.
All other BPRD programs will list registration details.

Walk-In or Mail-In

400 E. Front Ave.
Bismarck, ND 58504
7:30am-5pm Mon.-Fri.

After Hours Drop Box

400 E. Front Ave.
Bismarck, ND 58504

Refund Policy

- Participants in BPRD adult and youth programs will receive a full refund when the program is cancelled or has not officially begun.
- Refunds may be issued directly to the credit card used to pay for the original transaction or by check.
- The issuance of a refund check will take 10-12 working days and will be mailed to the payer.

To complete the registration form below:

- Use one form per child. Be sure information is correct and the program code number is listed. (Multiple code numbers may be listed on one form if programs are for the same child.)
- All fees must be paid in full.
- Additional registration forms are available online or at the Park District office.



**BISMARCK PARKS AND
RECREATION DISTRICT**
Est. 1927

Please read this form carefully and be aware that in registering yourself or your child/ward for participation in the below program(s), you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the below program(s).

I recognize and acknowledge that there are certain risks of physical injury and/or death to participant in the below program(s) and, I agree to assume the full risk of any such injuries, death, damages, or loss regardless of severity which I or my child/ward may sustain as a result of involvement with the below program(s). Further, I hereby waive and relinquish all claims that I, my insurer, or my child/ward may have against the Park District and its officers, servants, and employees from any and all claims for injuries, damages, or loss which I or my child/ward may have or which may accrue to me or my child/ward in relation to his/her involvement with the below program(s), regardless whether the activities involved are supervised or unsupervised. I also agree to hold the Park District harmless for any injuries, death, or damages sustained in relation to my child/ward's involvement with the below program(s). Nothing in this release shall be intended to release the Park District from responsibility for fraud or willful injury to person or property, nor for any violation of law. This release is intended to and releases only claims for negligence and/or non-willful or non-criminal claims. **I HAVE READ AND FULLY UNDERSTAND THE ABOVE AGREEMENT OUTLINING MY ASSUMPTION OF RISK AND WAIVER AND RELEASE OF ALL CLAIMS.** I further acknowledge that photographs or videos may be taken by designated district personnel during program activities. I agree that in the event I or my child/ward is photographed or videoed while participating in the program activities, such photos or videos may be used by the district for informational or promotional purposes.

Participant or Parent/Guardian Signature _____ Date _____

Activity	Code #	Fee	Cash/Check # /Credit Card	
Participant (First, Last)		Participant D.O.B.	Age	Grade (2025-26)
Address		City, State, Zip		
Email	Primary Phone		Secondary Phone	
Does participant need any modifications due to a disability? If so, please explain.				
Parent/Guardian (First, Last)		Parent/Guardian D.O.B.	Phone (if different than above)	

Please make all checks payable to BPRD. Mail registration forms to 400 E. Front Ave., Bismarck, ND 58504.

ADA Access and Inclusion Solution Process

This ADA Access and Inclusion Solutions Process (ADA Solutions Process) may be used by anyone who believes that a Bismarck Parks and Recreation District (BPRD) program, service, or facility is not available to them because of their disability. The ADA Solutions Process does not apply to the employment relationship between BPRD and its employees, which is governed by the BPRD Human Resource Policy and Procedure Handbook.

Solutions Process Steps

Step 1: Submit a Written Request for Solution

A Request for Solution should be made in writing and contain information about the issue requiring a solution. There is a preferred Request for Solution Form for this purpose available on the BPRD website or by request from BPRD's ADA Coordinator. The information provided should include, at a minimum, the name, address, email, and phone number of the person seeking a solution and the location, date, and a brief description of the issue and the requested solution.

Upon request, BPRD will accept alternative means of making a Request for Solution, such as through a face-to-face discussion with BPRD staff or via the submission of a recording or audio file containing the relevant information.

The Request for Solution should be submitted to BPRD's ADA Coordinator by the person with a disability, or their authorized representative, as soon as possible but no later than 60 calendar days after the date on which the issue first arose or occurred:

ADA Coordinator: RaNae Jochim

Phone: 701-222-6455; Email: rjochim@bisparks.org; Address: 400 East Front Avenue, Bismarck, ND 58504

The Request for Solution may be submitted by U.S. mail, email, or hand delivery.

Step 2: Schedule a Meeting

Within 7 calendar days after receipt of the Request for Solution, the ADA Coordinator, or designee, will schedule a meeting with the person seeking a solution to discuss the Request for Solution and the possible solutions.

The communications to schedule the meeting may take place by phone, by text, in person, or by email. The meeting shall occur within 15 calendar days after the ADA Coordinator's receipt of the Request for Solution.

Step 3: Meeting to Discuss the Request for Solution

Within 15 calendar days after receipt of the Request for Solution, the ADA Coordinator, or designee, will meet with the person seeking a solution to discuss the Request for Solution and the possible solutions. The meeting may take place in person, virtually, or by phone based on the preference of the person requesting a solution. The person requesting a solution may bring other persons to the meeting, such as a family member, advocate, or attorney, but must provide advance notice to the ADA Coordinator regarding the attendance of an additional person(s) and their relationship to the person seeking a solution. The ADA Coordinator may reasonably limit the number of persons attending this meeting. Other BPRD staff may also attend the meeting at the request of the ADA Coordinator.

Step 4: Provide a Solution

Within 15 calendar days of the meeting, the ADA Coordinator, or designee, will provide a written decision regarding the Request for Solution. Where appropriate, the response will be provided in a format accessible to the person seeking the solution, such as large print, Braille, or audio format. The response will explain the position of BPRD and offer a solution, if available, to the Request for Solution. There may be times where more than one solution will be effective, and in such cases, the written response will describe the possible solutions.

Step 5: Appealing a Request for Solution Decision

If the response by the ADA Coordinator, or designee, does not satisfy the person requesting a solution, they and/or their authorized representative may appeal the decision to the Executive Director, or designee, within 5 calendar days after receipt of the ADA Coordinator's response. An appeal made more than 5 calendar days after the receipt of the ADA Coordinator's response will not be considered.

Within 15 calendar days after receipt of the appeal, the Executive Director, or designee, will meet with the appellant to discuss the appeal and the original decision regarding the Request for Solution. The meeting may take place in person, virtually, or by phone based on the preference of the person requesting a solution.

Within 15 calendar days after the meeting, the Executive Director, or designee, will respond in writing, and, where appropriate, in a format accessible to the appellant, with a final resolution of the appeal.

BPRD Designees: The ADA Coordinator and Executive Director may delegate their authority to act under this ADA Solutions Process to other BPRD personnel as their designees. The person requesting a solution will be informed, in writing, when such a delegation of authority has been made.

Authorized Representative: The person requesting a solution may be represented throughout the steps of the ADA Solutions Process by a representative authorized to act on the requester's behalf. The person requesting a solution must inform BPRD in writing when a representative is authorized to represent the requester's interests before BPRD.

Deadlines: When a deadline for an action under this ADA Solutions Process falls on a weekend or holiday, the deadline will be extended to the next working day the BPRD main office is open for business. Deadlines for actions to be taken by BPRD may be extended, in writing, by the Executive Director where business necessity warrants or by mutual agreement of the parties. Deadlines for actions to be performed by the requesting party may be extended only by mutual consent of the parties.

Costs: BPRD and the requesting party will each bear their own costs incurred in participating in the ADA Solutions Process. BPRD will not charge a surcharge to persons with disabilities to cover the cost of implementing measures taken to comply with the requirements of the ADA.

Records: Records related to the ADA Solution Process, including all written requests, appeals, and responses, will be retained by BPRD for a minimum of six years from the date of final disposition.

Other Options: BPRD believes an internal solution is an effective and efficient approach to accessibility and inclusion issues, offering greater flexibility to all parties. That said, participation in the ADA Solutions Process is not a prerequisite to pursuing any other options for bringing an ADA-related complaint provided by law. Members of the public are free to seek a resolution to their complaints through the appropriate federal agencies or the courts.

Information: Bismarck Parks and Recreation District is committed to access and inclusion and believes that both make Bismarck a better community. To further discuss access and inclusion issues and initiatives, contact the ADA Coordinator at 701-222-6455 or rjochim@bisparks.org.

Approved by the Board of Park Commissioners March 21, 2024

Title VI Nondiscrimination Policy Statement

The Bismarck Parks and Recreation District's Title VI Nondiscrimination Policy Statement and supporting materials can be found at www.bisparks.org under Park Board/Ordinances and Policies.

Bismarck Parks and Recreation District Summer Jobs

Great Benefits!
Golf-Pool-Fitness Passes and More



- Starting wage varies and may be based on experience.
- Number of positions in each area varies.
- May be able to work multiple positions, depending on skills and availability.
- An equal opportunity employer.

POSITION/MIN. AGE	HRS/WK	OTHER INFO	CONTACT PERSON
Activity Center Leader, 15	Up to 40 daytime	Planning and supervising activities for K-5 children.	Cindy, 222-6771, blast@bisparks.org
BSC Aquatic & Wellness Center • Facility attendant, 16 • Front desk staff, 16 • Group fitness instructor, 18 • Lifeguard, 15 * • Personal trainer, 18 • Swim lesson instructor, 15 ** • Water aerobics instructor, 18	vary	Group fitness instructors receive paid prep-time. * Must be Lifeguard/First Aid/CPR/AED certified. ** Preferred WSI certified. Certification training available.	Aquatics: Jahna, 751-4270, jgardiner@bisparks.org Facility attendant: Matthew, 751-4274, mlundberg@bisparks.org Fitness/front desk/water aerobics: Lindsay, 751-4271, lberg@bisparks.org
Capital Racquet & Fitness Center • Facility attendant, 14 • Front desk staff, 16 • Group fitness instructor, 18 • Personal trainer, 18	vary		Facility attendant/front desk: Matt, 401-4360, mguenther@bisparks.org Fitness: Lindsay, 751-4271, lberg@bisparks.org
General Sibley Park • Office attendant, 18	Up to 40, weather dependent		Martha, 222-1844, mwilland@bisparks.org
Golf Courses • Facility attendant, 15 • Maintenance, 18	15-40		Facility attendant: • Pebble Creek/Fore Seasons Center: Adam, 223-3600, achausee@bisparks.org • Riverwood: Tim, 222-6462, tdoppler@bisparks.org • Tom O'Leary: Brandon, 222-6531, bwilkins@bisparks.org Maintenance: • Pebble Creek: Mike, 250-7775, mschaaf@bisparks.org • Riverwood: Brad, 222-6463, bschulz@bisparks.org • Tom O'Leary: Mac, 222-6465, mweigel@bisparks.org
Ice Arenas • Facility attendant I, 16 • Facility attendant II (Zamboni), 18	25-30		Drew, 221-6813, dlenertz@bisparks.org
Maintenance, Operations • Athletic field maintenance, 18 • Landscape crew, 18 • Mower operator, 18 • Park maintenance, 18 • Spray applicator, 18	Up to 40, weather dependent		Landscaping: Colin, 222-6464, cbales@bisparks.org Parks: Mike, 222-6464, msullivan@bisparks.org Sports Complexes: Riley, 751-0126, rmerkel@bisparks.org
McDowell Dam Recreation Area • Equipment rental/concessions, 16 • Park maintenance, 18	Up to 40, weather dependent		David, 223-7016, drobinson@bisparks.org
Pools • Lifeguard, 15 * • Outdoor concessions cashier, 15 • Outdoor facility attendant, 16 • Outdoor pool manager, 18 • Outdoor waterslide monitor, 16 • Swim lesson instructor, 15 **	Up to 40, weather dependent	* Must be Lifeguard/First Aid/CPR/AED certified. ** Preferred WSI certified. Certification training available.	BSC Aquatic & Wellness Center: Jahna, 751-4270, jgardiner@bisparks.org Outdoor Pools: Scott, 712-8918, snustad@bisparks.org
Programs Coaches & Officials (youth & adult): Baseball, 15; basketball, 15; flag football, 16; soccer, 14; tennis, 14; volleyball, 14	vary		• Basketball, Soccer & Youth Volleyball: Jeremy, 222-6641, jdykstra@bisparks.org • Baseball & Adult Volleyball: Ethan, 415-0464, eeberle@bisparks.org • Flag Football: Spencer, 250-7780, saune@bisparks.org • Tennis: Matt, 401-4360, mguenther@bisparks.org
Program coordinator (youth), 18	vary		• Basketball & Soccer: Jeremy, 222-6641, jdykstra@bisparks.org • Flag Football: Spencer, 250-7780, saune@bisparks.org
Safety Village Teacher, 16	about 30	Teaching 5-6 year olds about safety.	Cindy, 222-6771, blast@bisparks.org
Softball Complexes Cashier/Concessions, 16	vary		Ethan, 415-0464, eeberle@bisparks.org
Triple Star Day Camp Leader, 15	35 daytime	Day camp for middle and high school age kids with disabilities.	RaNae, 222-6455, rjochim@bisparks.org
World War Memorial Building • Facility attendant, 16	vary		Jeremy, 222-6641, jdykstra@bisparks.org

Please complete a job application at the Park District Office (400 E. Front Ave.) or online at www.bisparks.org/jobs.



Thank You

**Bismarck Parks and Recreation District appreciates
the partnership for 2024 programs, facilities and special events
of the following businesses and organizations.**

Youth/Adult Programs and Special Events

AARP North Dakota
Bareknuckle Baseball
Bismarck Community Gardens
Bismarck Figure Skating Club
Bismarck Gymnastics Academy
Bismarck Hockey Boosters
Bismarck Public Schools
Bismarck Sports Group
Bismarck State College
Capital Credit Union
Capital Curling Club
CHI St. Alexius
City of Bismarck
Cornerstone Bank
Dakota Junior Golf Association
Daniel Companies
Downtown Bismarck Community
Foundation
Essentia Health
Family Riverwalk
First International Bank & Trust
First Western Bank & Trust
Flash Printing
Hal W. Simons Estate
HuHot Mongolian Grill
Kiwanis Club
Lindtech Services Inc.
Mann Signs
McQuade Tournament
Montana Dakota Utilities
ND Amateur Basketball Association
ND Department of Public
Instruction
ND Insurance Reserve Fund
Northern Plains Heritage Foundation
Nurturing Wellness Pediatrics
PepsiCo
Petro-Hunt, LLC
Prairie Engineering
Puklich Chevrolet
Sanford Health
Scheels
Security First Bank
Shoe Carnival
Sons of Norway
Terry's Health Products

Facilities and Parks

Myron Atkinson
Bismarck Public Schools
Bismarck Rotary Club
City of Bismarck
Dakota Junior Golf Association
ND Department of Agriculture
ND Department of Commerce
ND Department of Transportation
ND Forest Service - ATB
ND Game and Fish Department
ND Parks and Recreation
Department

Matching Grant Program

Aquastorm Swim Club
Bareknuckle Baseball
Bismarck Hockey Boosters
Bismarck Horse Club
Bismarck Mandan Lacrosse
Association
Bismarck Public Schools
Bismarck Rotary Club
Bismarck Youth Baseball
Bismarck-Burleigh Public Health
Bismarck State College Student
Government
Dakota Junior Golf Association
Dakota United Soccer Club
Farwest Rotary Club
Fastrax BMX
Fraternal Order of Eagles
Hit, Inc.
Missouri River Baseball Club
Nishu Bowmen
Teddy Roosevelt Family Day

Golf Course Tee Box Sign Sponsorships

Bain Agency
Brady Martz
Dakota Eye Institute
Dakota Junior Golf Association
Fertilawn
GolfBest Golf Shops
Hatch Realty
KLJ
Kramer Agency
Lux Wealth Advisors
Mann Signs
Northern Improvement Co.
Northwest Contracting
Oaktree Realtors and PC
Quality Title Inc.
Riverwood Men's Golf Association
Smith Porsborg Schweigert
Armstrong Moldenhauer & Smith
Tri-Energy Cooperative CENEX

Disc Golf Course Tee Box Sign Sponsorships

B's Buff-N-Stuff
Inknetic LLC
Rock 30 Games



**BISMARCK PARKS AND
RECREATION DISTRICT**
Est. 1927

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