

2026 July Celebration

Celebrating National Park & Recreation Month
See event details on back.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE POWER OF PARKS AND RECREATION 			1 Photo Contest July 1-31 Kids Summer Stage 12:00-1:00pm Wednesdays Custer Park	2 FREE Junior Golf Tuesdays & Thursdays 7:30-11:00am Riverwood, Pebble Creek, Tom O'Leary Golf Courses Roller Skating Thursdays 5:30-7:30pm Capital Ice Complex	3 Golfing with Youth Fridays-Sundays Juniors play FREE with paying adult after 5:00pm at Riverwood, Tom O'Leary, and Pebble Creek Golf Courses	4 First-Hour-FREE Ride Weekend July 4 & 5 BisParks BCycle Bike Share Program BisMarket 10:00am-1:00pm Saturdays Kiwanis Park
5 Indoor Public Ice Skating Sundays 5:15-6:45pm VFW Sports Center Aqua Rock Fitness Class 11:00-11:45am Sundays Hillside Aquatic Complex	6 BPRD Geocache Challenge Find all 12 in Bismarck's park and trail system. Available year-round.	7 Get rolling! Check out the two skate parks today. Skateboards, inline skates, and bicycles are allowed.	8 FREE Golf Advice 6:30-7:30pm Wednesdays Riverwood Golf Course	9 Rock the Deck 4:30-8:00pm Hillside Aquatic Complex Sleepy Hollow Theater July 9-18, July 23-August 1 8:00pm Sleepy Hollow Park	10 Golfing Together 5:00-8:00pm Riverwood Golf Course FREE Movie in the Park The Great Outdoors 10:00pm McDowell Dam Recreation Area	11 Unplug North Dakota Day! Explore one of Bismarck's 56 parks and enjoy a playground, a picnic, or simply experience nature.
12 FREE Indoor Public Ice Skating 5:15-6:45pm VFW Sports Center Explore the educational Chief Looking's Village trail today.	13 FREE Fitness Facility Admission 5:30am-9:00pm Capital Racquet & Fitness Center	14 FREE Swim Day 12:00-1:45pm, 2:15-4:00pm, 4:30-5:45, 6:15-8:00pm Outdoor Pools	15 FREE Pickleball Mixer 9:00am-12:00pm Elk Ridge Park Registration required. FREE Family Day Riverwalk 10:00am-8:00pm Sertoma Park	16 FREE Summer Songs Concert Series 7:00-9:00pm General Sibley Park	17 Junior Team Tennis Challenge 10:30am-12:00pm July 17 & 24 Sertoma Park Tennis Complex 50% OFF Toptracer Range 5:00-9:00pm Fore Seasons Center	18 FREE Experience Imagination Playground and let your kids enjoy a unique way to play! 10:00am-1:00pm Saturdays Kiwanis Park
19 Round up some friends for a game of tennis or pickleball at one of our outdoor courts.	20 Have you tried disc golf? Free, fun, and fabulous at courses at Lions Park and General Sibley Park.	21 Community Pool Party 4:30-8:00pm Elks Aquatic Center	22 FREE McDowell Dam Recreation Area Fun Day 1:00-9:00pm	23 FREE Park Clue July 23-August 2 Heritage Park Tennis in the Parks July 23-24	24 FREE Fitness Facility Admission 5:30am-7:00pm BSC Aquatic & Wellness Center Golfing Together 5:00-8:00pm Riverwood Golf Course	25 FREE Tent Camping at General Sibley Park and Campground
26 Practice golfing on the Sheila Schafer Junior Links adjacent to Pebble Creek Golf Course.	27 Exercise in the great outdoors at one of our FitLot outdoor fitness parks at Jaycee Centennial Park or Sertoma Park or our fitness trails at Horizon Park and Kiwanis Park.	28 Take your pup to the Dog Park at 700 E. Century Ave. for FREE tennis balls (while supplies last).	29 Play a game of horseshoes at one of 12 parks with horseshoe pits.	30 Bike or hike one of our unpaved trails today.	31 Ever played sand volleyball? Go try it today at one of the many courts.	Join us for July Celebration! Enjoy free and affordable activities and events for the whole family all month long. 

July 1-31 • FREE Photo Contest

Send us your pictures of summer fun and you could win a prize package. Plus - your photo may just show up in one of our publications or online.

Wednesdays, July 1-August 12 • FREE Kids Summer Stage • 12:00-1:00pm

Custer Park, 320 E. Custer Park St.

Kids of all ages love this free interactive hour of music and song. Bring a blanket or your own chair. Pack a lunch. A Dakota West Arts Council event in partnership with Bismarck Parks and Recreation District.

Wednesdays • FREE Golf Advice

6:30-7:30pm

Riverwood Golf Course, 725 Riverwood Dr.

You can ask for advice on your golf swing, short game or putting. Whatever your question or concern, Dr. Guy Otteson can help. No registration required.

Tuesdays & Thursdays-August 18 • FREE Junior Golf 7:30-11:00am

Juniors ages 17 & under must tee off from the forward tees on free junior golf mornings. Call courses for tee time. Tuesdays at Riverwood, 222-6462, and Pebble Creek, 223-3600. Thursdays at Tom O'Leary, 222-6531.

Thursdays, July 2, 9, 16, 23, & 30 • Roller Skating

5:30-7:30pm

Capital Ice Complex, 1504 Wichita Dr.

Grab your roller skates or rollerblades and enjoy skating at the rink. \$5 per individual and \$10 per family (3 or more). Roller skate rentals are \$5. Sizes available: 10 Junior - 13 Adult.

Fridays-Sundays • Golfing with Youth Special

Tee Times after 5:00pm

Juniors (17 and younger) play for FREE with paying adult. Play as many holes as you wish until 30 minutes before sunset. Green fees for adults: Riverwood - \$32, Tom O'Leary - \$30 and Pebble Creek - \$27. *Additional \$13 cart fee applies with juniors ages 11-17 who ride.

Saturdays Now-October • BisMarket

10:00am-1:00pm

Kiwanis Park, 318 S. Washington St.

High-quality locally produced or made products, along with activities for children, entertainment, and educational topics presented throughout the season.

Sundays, July 5, 12, 19, 26, & August 2

Aqua Rock Fitness Class

11:00-11:45am

Hillside Aquatic Complex, 1719 E. Boulevard Ave.

Move to classic rock with this high-energy, low-impact group fitness class. Fee: \$5. First-come, first-served.

Friday, July 4 & Saturday, July 5

First-Hour-FREE Ride Weekend

7:00am-11:00pm

BisParks BCycle Bike Share Stations:

-BSC Aquatic & Wellness Center, 1601 Canary Ave.

-Cottonwood Park, 2506 S. 12th St.

-Peace Park, 400 E. Front Ave.

-Sertoma Park, 300 Riverside Park Rd.

Enjoy your first hour FREE with our BisParks BCycle bike share program! This fun way to explore Bismarck trails on wheels with family and friends is sponsored by BCBS North Dakota Caring Foundation.

Sundays, July 5, 19, & 26 • Indoor Public Ice Skating

5:15-6:45pm

VFW Sports Center, First International Bank & Trust Arena, 1200 N. Washington St.

Stay cool with indoor public ice skating. Skating fee: \$5/individual or \$10/family. Skate rental: \$5 (sizes available: 9 Junior-15 Adult).

Thursday, July 9 • Rock the Deck

4:30-8:00pm

Hillside Aquatic Complex, 1719 E. Boulevard Ave.

Come enjoy the pool on the night set aside just for incoming 6th, 7th, and 8th graders. Enjoy open swim, music, prizes, and a treat. Regular admission rates apply.

Sleepy Hollow Summer Theater

8:00pm

Seussical Jr.: July 9-18

Shrek the Musical: July 23-August 1

Sleepy Hollow Park, 2899 E. Divide Ave.

It's a summer tradition! An evening under the stars watching the stars.

Fridays, July 10 & 24 • Golfing Together

5:00-8:00pm

Riverwood Golf Course, 725 Riverwood Dr.

Hit the links and make some memories together! Youth golfers can play 9 holes FREE with a paying adult during this special July Celebration event. No tee time is needed. Just show up ready to golf at 5:00pm! Fees for this event (adult green fee, golf cart, and club rentals) can be found on our website events calendar.

Friday, July 10 • FREE Movie in the Park:

The Great Outdoors

Starts 30 minutes after sunset, approx. 10:00pm

McDowell Dam Recreation Area, 1951 93rd St. NE

Hollywood stars will show up in Bismarck's skies this summer, with movies once a month through September. Sponsored by Essentia Health.

Saturday, July 11 • Unplug North Dakota Day

On average, children spend more than seven hours in front of a screen each day, outside of school and homework. Adults spend an average of three to four hours per day on screens outside of work. Unplug North Dakota is about getting people to unplug, visit their local parks, and stay active for a healthier life. Explore one of Bismarck's 56 parks to get outside for Unplug North Dakota Day!

Sunday, July 12 • FREE Indoor Public Ice Skating

5:15-6:45pm

VFW Sports Center, 1200 N. Washington St.

First International Bank & Trust Arena

Slip on those ice skates during the summer and enjoy free admission for indoor ice skating. Ice skate rentals available for \$5/individual. Sizes available: 9 Junior - 15 Adult.

Monday, July 13 • FREE Fitness Facility Admission

5:30am-9:00pm

Capital Racquet & Fitness Center, 3200 N. 10th St.

Check out the fitness facility or a group fitness class for free today!

Tuesday, July 14 • FREE Swim Day at Outdoor Pools

12:00-1:45pm, 2:15-4:00pm, 4:30-5:45, 6:15-8:00pm

Enjoy some swim time at Hillside Aquatic Complex (includes waterslide), Elks Aquatic Center, and Wachter Aquatic Complex. Sponsored by Essentia Health.

Wednesday, July 15 • FREE Pickleball Mixer

9:00am-12:00pm

Elk Ridge Park, 3620 Cogburn Rd.

There will be on-site guidance from local players, and you will get a chance to play as well! Snacks provided. Contact Capital Racquet & Fitness Center at 221-6855 for more information. Registration required on our website.

Wednesday, July 15 • FREE Family Day Riverwalk

10:00am-8:00pm

Sertoma Park, 300 Riverside Park Rd.

A free outdoor event along Bismarck's beautiful Missouri River. Entertainment, food vendors, kid's activities. Join in the festivities for families.

Thursday, July 16 • FREE Summer Songs Concert Series

7:00-9:00pm

General Sibley Park, 5001 S. Washington St.

A summer concert series located at the amphitheater. A Dakota West Arts Council (DWAC) event in partnership with Bismarck Parks and Recreation District. Performance by Avantide.

Fridays, July 17 & 24 • Junior Team Tennis Challenge

10:30am-12:00pm

Sertoma Park Tennis Complex, 300 Riverside Park Rd.

Players ages 7-12 experience low-level competitive play in a fun social environment. \$7/person. Registration required on our website.

Friday, July 17 • 50% Off Toptracer Range Bays

5:00-9:00pm

Fore Seasons Center, 2525 N. 19th St.

Take your shot at big-time fun for half the price! Enjoy 50% off Toptracer Range game play and challenge your friends, test your skills, or just have a blast hitting balls in the golf dome.

Tuesday, July 21 • Community Pool Party

4:30-8:00pm

Elks Aquatic Center, 321 W. Broadway Ave.

We invite families and friends to join the pool party. This evening swim will include music, prizes, and a treat. Regular admission rates apply.

Wednesday, July 22 • FREE McDowell Dam Fun Day

1:00-9:00pm

McDowell Dam Recreation Area, 1951 93rd St. NE

Free use of paddleboats, paddle boards, canoes, and kayaks.

July 23-August 2 • FREE Park Clue

Heritage Park, 5807 Sonora Way

Find out who the suspect is, what weapon was used, and the location of the crime in the BPRD's edition of the classic game Clue. Learn how to play and what the prizes are on our website.

July 23-24 • Tennis in the Parks

Surprises at the tennis courts during tennis in the parks days! Watch BPRD social media for updates on where to find FREE tennis gear and prizes for your family.

Friday, July 24 • FREE Fitness Facility Admission

5:30am-7:00pm

BSC Aquatic & Wellness Center, 1601 Canary Ave.

Check out the fitness facility or a group fitness class for free today!

Saturday, July 25 • FREE Tent Camping

General Sibley Park and Campground,

5001 S. Washington St.

To reserve a free tent site for this date, call 701-222-1844. Space is limited. Please note that reservations made online are not free.

Tuesday, July 28 • FREE Tennis Balls for Your Pup

Century Bark Park, 700 E. Century Ave.

Free tennis balls for your dog while supplies last.

Scan to view July Celebration on our website. Any schedule changes will be posted there.



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