



## 4<sup>th</sup> & 5<sup>th</sup> Grade Youth Volleyball Information Sheet

[www.bisparks.org](http://www.bisparks.org)

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### Program Dates

- 4<sup>th</sup> Grade: **January 30 – March 18, 2023**

- 5<sup>th</sup> Grade: **January 30 – March 25, 2023**

\*Players MUST register & play with the schools they attend.

### Practice Times: Online by January 25<sup>th</sup> after 5pm

- Practices are held at the schools unless otherwise notified.
- **COACHES NEEDED!** Parents encouraged to apply.
- First day of practice will be available online at [www.bisparks.org](http://www.bisparks.org) the first week of February.
- Several schools have practice **after 5pm** due to after-school programming in the gyms.
- Teams will be formed after the first week of practice and a schedule will be provided for the remainder of the season. T-shirts will be given out before the first scheduled match.
- **4<sup>th</sup> grade will have one practice a week and 5<sup>th</sup> grade will have two practices a week.** Some practices may have to be cancelled or adjusted due to school programming. Please closely review schedule given by coach.

### Dress for practices/matches

- T-shirt should be worn for all matches and on Picture Day.
- Comfortable clothes (shorts, sweats, NO JEANS)
- Tennis shoes
- Knee pads
- **NO JEWELRY ALLOWED DURING ALL PRACTICES AND MATCHES**
  - Taping of jewelry is not allowed
  - Please do not allow your child to get ears pierced during volleyball season

### Matches

- Matches will begin Saturday, February 11. Schedules will be given to your child during the Second week in February and will also be posted online at [www.bisparks.org](http://www.bisparks.org).
- Most matches will be scheduled for one hour. Teams will play as many games as possible within that hour. All games will be Rally Point to 25, win by 2.
- Most matches will be scheduled on Saturdays. There may be an exception if there is a school holiday or other school conflict. This will be noted on your schedule.
- Pictures: Coaches will be given a Picture Day schedule. They will notify you and your child. Picture order forms will be handed out by the coaches.
- **Legacy Photography, (701) 321-2051** will be taking the pictures.
- Coaches will need help setting up chairs, volleyball net, and cleaning-up after games

### Jamboree Dates

- 4<sup>th</sup> Grade Jamboree: March 17 & 18
- 5<sup>th</sup> Grade Jamboree: March 24 & 25
- Matches will be scheduled at the World War Memorial Building.
- Depending on circumstances, we may switch days to Monday, Tuesday, and/or Thursday and have matches at the schools.
- Schedules will be online at [www.bisparks.org](http://www.bisparks.org) approximately one week prior to the Jamboree.