



BISMARCK PARKS AND RECREATION DISTRICT

Est. 1927

4th & 5th Grade Youth Volleyball Information Sheet

www.bisparks.org

Contact at Bismarck Parks and Recreation:

Jeremy Dykstra 222-6641

jdykstra@bisparks.org

Program Dates

- 4th Grade: **January 26 – March 14, 2026**

- 5th Grade: **January 26 – March 22, 2026**

*Players MUST register & play with the schools they attend.

Practice Times: Online by January 21 after 5pm

- Practices are held at the schools unless otherwise notified.
- **COACHES NEEDED!** Parents encouraged to apply.
- First day of practice will be available online at www.bisparks.org by January 21 by 5pm.
- Several schools have practice **after 5pm** due to after-school programming in the gyms.
- Teams will be formed after the first week of practice and a schedule will be provided for the remainder of the season. T-shirts will be given out before the first scheduled match.
- **4th grade will have one practice a week and 5th grade will have two practices a week.** Some practices may have to be cancelled or adjusted due to school programming. Please closely review schedule given by coach.

Dress for practices/matches

- T-shirt should be worn for all matches and on Picture Day.
- Comfortable clothes (shorts, sweats, NO JEANS)
- Tennis shoes
- Knee pads
- **Only small, secured stud earrings are allowed (no dangling earrings, necklaces, or bracelets). Exceptions are medical bracelets or medical necklaces taped to the chest inside of shirts.**

Matches

- Matches will begin Saturday, February 7. Schedules will be given to your child during the first week in February and will also be posted online at www.bisparks.org.
- Most matches will be scheduled for one hour. Teams will play as many games as possible within that hour. All games will be Rally Point to 25, win by 2.
- Most matches will be scheduled on Saturdays. There may be an exception if there is a school holiday or other school conflict. This will be noted on your schedule.
- Pictures: Coaches will be given a Picture Day schedule. They will notify you and your child. Picture order forms will be handed out by the coaches.
- **Voigt Photography, 701-252-4357 and maryvoigtphoto@daktel.com**, will be taking the pictures.
- Coaches will need help setting up chairs, volleyball net, and cleaning-up after games

Jamboree Dates

- 4th Grade Jamboree: March 13 & 14
- 5th Grade Jamboree: March 20 & 21
- Matches will be scheduled at the World War Memorial Building or St. Mary's Central High School.
- Depending on circumstances, we may switch days to Monday, Tuesday, and/or Thursday and have matches at the schools.
- Schedules will be online at www.bisparks.org approximately one week prior to the Jamboree.