

April Pool Schedule

Monday-Thursday			Friday			Saturday			Sunday		
Program	Dive Well	Pool 2	Program	Dive Well	Pool 2	Program	Dive Well	Pool 2	Program	Dive Well	Pool 2
Open 5:30am- 4:20pm	Limited Space 5:30- 7:00am	No Lap Swim 5:30- 7:00am	Open 5:30am- 7:30pm	Limited Space 5:30- 7:00am	No Lap Swim 5:30- 7:00am	Open 7:00am- 6:30pm	W I B I T S	Open 7:00am- 6:30pm	COLOR KEY: NO LAP SWIMMING LIMITED SPACE OPEN SWIM		
	Limited Space 4:20 -8:15pm Swimming Lessons	Open 7:00am- 9:30pm		Open 7:00am- 9:30pm	Open 7:00am- 7:30pm						
Open 8:15-9:30pm											

PROGRAM POOL: 6 lane 25 yard pool with no lane ropes. Temperature is warmer than the competition pool.

POOL 2: 6 lane 25 yard pool. Open to the public during listed times.

DIVE WELL: There is **two lanes open** in this pool during listed times. *Please ask a lifeguard if you would like the diving boards open.*

Schedule Changes:

- April 4th: Facility Closed-Happy Easter!

***Pool Schedule is subject to change without notice. Please check online for the most up to date pool schedule.**

***Please see the fitness schedule for all fitness classes scheduled in the pool.**



POOL RULES

Updated Oct. 25, 2017

- Always shower before using the pool.
- **Children under the age of 8 or in a lifejacket must be accompanied by a person 16 years of age or older in the water.**
- **Only United States Coast Guard approved lifejackets are allowed.** We do not have any for your use, so please bring your own.
- No inflatable flotation devices are allowed. This includes water wings.
- SCUBA style masks that cover the nose are not permitted.
- Any child or **person not fully toilet trained must** wear a swim diaper. Child swim diapers available at the front desk.
- Swimming attire is required in the pool. Mesh shirts and nylon lycra swimwear is acceptable. Cutoffs, personal under garments and t-shirts are not allowed.
- Glass, street shoes, food and beverages are not allowed on the pool deck.
- Persons with open wounds, bandages, or skin conditions are not permitted to use the pools.
- There must be two people 16 years of age or older **in the water** for every 10 children under the age of 8 and/or in lifejackets. This includes birthday parties.
- **Lifeguards have the final say on all issues in the pool area.**

WIBIT & DIVING BOARD RULES

- Children 5 years of age and under are not allowed to use the Wibits or the diving boards. This includes birthday parties.
- **Anyone 6 years of age and older must pass a swimming test issued by a lifeguard before being permitted to use the diving boards and/or the Wibits.**
 - **Swimming test:** Jump in and completely submerge. Recover to the surface and float/tread water for one minute. Turn a full circle. Swim 25 yards -to the other end -without stopping. Exit the water without using the ladder.
- Persons wearing lifejackets are not permitted to use the diving boards.
- Jump or dive straight off the diving boards in a forward-facing position. Inward dives and reverse dives are not permitted.
- After going off the board, exit the pool by swimming directly to the nearest diving bay ladder, not the pool edge.
- One bounce and only one person on the board at a time.
- Swimming under the Wibits and hanging on any ropes in the water is not permitted.
- Wrestling and pushing on the Wibits is not allowed.
- Enter the water feet first when sliding or jumping off the Wibit tower.
- **Lifeguards have final say on all issues in the pool area.**