March Pool Schedule

Mon	day-Thur	sday	Friday			Saturday			Sunday		
Program	Dive Well	Pool 2	Program	Dive Well	Pool 2	Program	Dive Well	Pool 2	Program	Dive Well	Pool 2
Open 5:30am- 4:20pm	Limited Space 5:30- 7:30am	Limited Space 5:30- 7:00am		Limited Space 5:30- 7:30am	Limited Space 5:30- 7:00am	Open 7:00am- 6:30pm			COLOR KEY: NO LAP SWIMMING LIMITED SPACE		
Mon- Thurs Toddler Splash Days 9-11am	Open until 5:30pm No Lap Swim 5:30-7:00pm * See Note	Open until 4:00pm	Open 5:30am- 7:30pm	Open 7:30am- 7:30pm	Open until 4:00pm No Lap Swim 4:00- 5:30pm * See Note Open until 7:30pm		3-0-1-0	Open 7:00am- 6:30pm	OP	EN SWIN	1
Open – 4:20pm									Open 12:00- 6:30pm		Open 12:00- 6:30pm
Swimming Lessons 4:20- 8:00pm		No Lap Swim 4:00- 7:00pm * See Note									
Open until 9:30pm	Open until 9:30pm	Open until 9:30pm									

PROGRAM POOL: 6 lane 25 yard pool with no lane ropes. Temperature is warmer than the competition pool.

Pool 2: 8 lane 25 yard pool. Open to the public during listed times.

DIVE WELL: There is **two lanes open** in this pool during listed times. <u>Please ask a lifeguard if you would like the diving boards open.</u>

Schedule Changes:

- Starting March 5th: Lap swim will be available from 4:00-5:30pm in Pool 2.
- Starting March 23rd: Lap swim available 4:00-7:00pm in pool 2.

^{*}Pool Schedule is subject to change without notice. Please see Fitness Class Schedule for fitness classes in the pool.



POOL RULES

- · Always shower before using the pool.
- Children under the age of 8 or in a lifejacket must be accompanied by a person 16 years of age or older in the water.
- Only United States Coast Guard approved lifejackets are allowed. We do not have any for your use, so please bring your own.
- No inflatable flotation devices are allowed. This includes water wings.
- SCUBA style masks that cover the nose are not permitted.
- Any child or person not fully toilet trained <u>must</u> wear a swim diaper. Child swim diapers available
 at the front desk.
- Swimming attire is required in the pool. Mesh shirts and nylon lycra swimwear is acceptable. Cutoffs, personal under garments and t-shirts are not allowed.
- Glass, street shoes, food and beverages are not allowed on the pool deck.
- Persons with open wounds, bandages, or skin conditions are not permitted to use the pools.
- There must be two people 16 years of age or older **in the water** for every 10 children under the age of 8 and/or in lifejackets. This includes birthday parties.
- Lifeguards have the final say on all issues in the pool area.

WIBIT & DIVING BOARD RULES

- Children 5 years of age and under are not allowed to use the Wibits or the diving boards. This includes birthday parties.
- Anyone 6 years of age and older must pass a swimming test issued by a lifeguard before being permitted to use the diving boards and/or the Wibits.
 - **Swimming test:** Jump in and completely submerge. Recover to the surface and float/tread water for one minute. Turn a full circle. Swim 25 yards -to the other end -without stopping. Exit the water without using the ladder.
- Persons wearing lifejackets are not permitted to use the diving boards.
- Jump or dive straight off the diving boards in a forward-facing position. Inward dives and reverse dives are not permitted.
- After going off the board, exit the pool by swimming directly to the nearest diving bay ladder, not the pool edge.
- One bounce and only one person on the board at a time.
- Swimming under the Wibits and hanging on any ropes in the water is not permitted.
- Wrestling and pushing on the Wibits is not allowed.
- Enter the water feet first when sliding or jumping off the Wibit tower. | BSC I
- Lifeguards have final say on all issues in the pool area.

