2025 July Celebration						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Celebrating National Park & Recreation Month See event details on back.						
Join u July Cele Enjoy fr afford activities a for the wh all mon	ebration! ree and dable and events ole family	IFREEPark ClueJune 26-July 9North Central ParkFREEPhoto Contest • July 1-31Enter and you could wina prize package fromBPRD.	2 FREE • Kid's Summer Stage 12-1pm • Wednesdays Custer Park FREE • Golf Advice 6:30-7:30pm • Wednesdays Riverwood Golf Course	3 FREE Junior Golf Tuesdays & Thursdays 7:30-11am Riverwood, Pebble Creek, Tom O'Leary Golf Courses	4 Happy Birthday America! Golfing with Youth Fri-Sun Juniors play FREE with paying adult after 5pm at Riverwood, Tom O'Leary, and Pebble Creek Golf Courses	5 BisMarket 10am-1pm, Saturdays Kiwanis Park FREE Dakota Zoo Program 2-2:30pm General Sibley Park
6 Explore the educational Chief Looking's Village trail today.	7 BPRD Geocache Challenge Find all 12 in Bismarck's park and trail system. Available year-round.	8 Get rolling! Check out the two skate parks today. Skateboards, inline skates, and bicycles are allowed.	9 FREE Pickleball Mixer 9am-12pm Elk Ridge Park Registration required.	10 Roller Skating July 10, 17, 24, & 31 6-8pm Capital Ice Complex Sleepy Hollow Theater July 10-19, July 24-Aug. 2 8pm Sleepy Hollow Park	11 50% OFF Toptracer Range 5-9pm Fore Seasons Center	12 FREE Workout along the Horizon Park Fitness Trail. The exercise machines include a chest press, captain's chair, and an accessible handcycle.
13 Aqua Rock Fitness Class I1-11:45am July 13, 20 & 27 & Aug. 3 Hillside Aquatic Complex FREE Indoor Ice Skating 5:45-6:45pm VFW Sports Center	14 FREE Fitness Facility Admission 5:30am-9pm Capital Racquet & Fitness Center	15 Have you tried disc golf? Free, fun, and fabulous at courses at Lions Park and General Sibley Park.	16 FREE Family Day Riverwalk 10am-8pm Sertoma Park FREE McDowell Dam Recreation Area Fun Day 1-9pm	17 Rock the Deck 4:30-8pm Hillside Aquatic Complex	18 Junior Team Tennis Challenge • 10:30am-12pm July 18 & 25 • Sertoma Park Tennis Complex FREE Movie in the Park Moana 2 10pm • McDowell Dam Recreation Area	19 Take a BisParks BCycle bike for a spin at BSC Aquatic & Wellness Center, Cottonwood Park, Peace Park, or Sertoma Park.
20 Indoor Public Ice Skating - July 20 & 27 5:45-6:45pm VFW Sports Center	21 Ever played sand volleyball? Go try it today at one of the many courts. Reserve a shelter for your next birthday party or other social gathering.	22 Play a game of horseshoes at one of 12 parks with horseshoe pits (Cottonwood, General Sibley, Jaycee Centennial, Kiwanis, Lions, McDowell Dam, North Central, Optimist, Pioneer, Sertoma, Sons of Norway, and Wachter).	23 Get active at one of our 55 playgrounds. Round up some friends for a game of tennis or pickleball at one of our outdoor courts.	24 Tennis in the Parks July 24-25 Community Pool Party 4:30-8pm Elks Aquatic Center FREE Summer Songs Concert Series - 7-9pm General Sibley Park	25 FREE Fitness Facility Admission 5:30am-7pm BSC Aquatic & Wellness Center	26 FREE Tent Camping at General Sibley Park and Campground FREE Experience Imagination Playground and let your kids enjoy a new way to play! 10am-1pm, Saturdays Kiwanis Park
27 Practice golfing on the newly relocated and expanded Sheila Schafer Junior Links adjacent to Pebble Creek Golf Course.	28 Exercise in the great outdoors at one of our FitLot outdoor fitness parks at Jaycee Centennial Park or Sertoma Park.	2.9 Take your pup to the Dog Park at 700 E. Century Ave. for FREE tennis balls (while supplies last).	30 Bike or hike one of our non-paved trails today.	31 FREE Swimming 12-1:45pm, 2:15-4pm, 4:30-5:45, 6:15-8pm Outdoor Pools FREE Roller Skate Rink Night with Bombshellz 6-8pm Capital Ice Complex	Est. 1927	CK PARKS AND TION DISTRICT w.BisParks.org

June 26-July 9 • **FREE** Park Clue North Central Park, 830 Central Ave.

Find out who the suspect is, what weapon was used, and the location of the crime in the BPRD's edition of the classic game Clue. Learn how to play and what the prizes are at <u>www.BisParks.org/park-clue.</u>

July 1-31 • **FREE** Photo Contest

Send us your pictures of summer fun and you could win a prize package. Plus - your photo may just show up in one of our publications or online. www.BisParks.org/july-celebration-photo-contest

Tuesdays & Thursdays-Aug. 31 • ᇌ Junior Golf 7:30-11am

Juniors ages 17 & under must tee off from the forward tees on free junior golf mornings. Call courses for tee time. Tuesdays at Riverwood, 222-6462, and Pebble Creek, 223-3600. Thursdays at Tom O'Leary, 222-6531.

Wednesdays, July 2-Aug. 13 • **REE** Kid's Summer Stage 12-1pm

Custer Park, 320 E. Custer Park St.

Kids of all ages love this free interactive hour of music and song. Bring a blanket or your own chair. Pack a lunch. A Dakota West Arts Council (DWAC) event in partnership with Bismarck Parks and Recreation District.

Wednesdays • **FREE** Golf Advice 6:30-7:30pm

Riverwood Golf Course, 725 Riverwood Dr.

You can ask for advice on your golf swing, short game or putting. Whatever your question or concern, Dr. Guy Otteson can help. No registration required.

Fridays-Sundays • Golfing with Youth Special Tee Times after 5pm

Juniors (17 and younger) play for FREE with paying adult. Play as many holes as you wish until 30 minutes before sunset. Green fees for adults: Riverwood - \$30, Tom O'Leary - \$28 and Pebble Creek - \$25. *Additional \$12 cart fee applies with juniors ages 11-17 who ride.

Saturdays, 10am-1pm • BisMarket Kiwanis Park, 318 S. Washington St.

High-quality locally produced or made products, along with activities for children, entertainment, and educational topics presented throughout the season. www.bismarket.com

Saturdays, July 5 & Aug. 2 • **FREE** Dakota Zoo Program 2-2:30pm

General Sibley Park & Campground, 5001 S. Washington St.

A Dakota Zoo staff member will present one of the zoo's animals in a fun and educational way. This is a unique animal experience you will be sure to remember. Located in the amphitheater, or in the event of inclement weather at picnic shelter #1.

Monday, July 7 • 👯 BPRD Geocache Challenge

Find all 12 Geocaches to win a prize. Passports available online at <u>www.BisParks.org/parks-trails/bprd-geocachechallenge</u>, at the BPRD Administrative Office at 400 E. Front Ave. or at your first cache.

Wednesday, July 9 • REE Pickleball Mixer 9am-12pm

 Elk Ridge Park, 3620 Cogburn Rd.
 at www.BisParks

 There will be on-site guidance from local players, and you
 summer-youth.

 will get a chance to play as well! Snacks provided. Contact
 capital Racquet & Fitness Center at 221-6855 for more

 information. Registration required at
 www.BisParks.org/adult-programs/pickleball-summer.

ISMARCK PARKS AND ECREATION DISTRICT

Thursdays, July 10, 17, 24, & 31 Roller Skating • 6-8pm Capital Ice Complex, 1504 Wichita Dr.

at the rink. \$5 per individual and \$10 per family (3 or more). Roller skates rentals are \$5. Sizes available: 10 Junior - 13 Adult. www.BisParks.org/roller-skating

Sleepy Hollow Summer Theater

8pm The Wizard of Oz: July 10-19 Grease: July 24-Aug. 2 Sleepy Hollow Park, 2899 E. Divide Ave. It's a summer tradition! An evening under the stars

watching the stars. <u>www.shtap.org</u>

Friday, July 11

50% Off Toptracer Range 5-9pm Fore Seasons Center, 2525 N. 19th St.

Sundays, July 13, 20, & 27, Aug. 3 Aqua Rock Fitness Class 11-11:45am

Hillside Aquatic Complex, 1719 E. Boulevard Ave. Move to classic rock with this high-energy, low-impact group fitness class. Fee: \$5. First-come, first-served.

Sunday, July 13 • REE Indoor Ice Skating 5:45-6:45pm

VFW Sports Center, 1200 N. Washington St. Slip on those ice skates during the summer and enjoy indoor ice skating. Ice skate rentals available for \$5. Sizes available: 9 Junior - 15 Adult.

Monday, July 14 • **FREE** Fitness Facility Admission 5:30am-9pm

Capital Racquet & Fitness Center, 3200 N. 10th St. Check out the fitness facility or a group fitness class for free today!

Wednesday, July 16 • 📧 Family Day Riverwalk 10am-8pm

Sertoma Park, 300 Riverside Park Rd.

A free outdoor event along Bismarck's beautiful Missouri River. Entertainment, food vendors, kid's activities. Join in the festivities for families. <u>facebook.com/FamilyDayRiverwalk1</u>

Wednesday, July 16 • **FREE** McDowell Dam Fun Day 1-9pm

McDowell Dam Recreation Area, 1951 93rd St. NE Free use of paddleboats, paddleboards, canoes, kayaks and rowboat.

Thursday, July 17 • Rock the Deck 4:30-8pm

Hillside Aquatic Complex, 1719 E. Boulevard Ave.

Come enjoy the pool on the night set aside just for incoming 6th, 7th, and 8th graders. Enjoy open swim, music, prizes, and a departing treat. Regular admission rates apply.

Fridays, July 18 & 25 • Junior Team Tennis Challenge 10:30am-12pm

Sertoma Park Tennis Complex, 300 Riverside Park Rd. Players ages 7-12 experience low-level competitive play in a fun social environment. \$7/person. Registration required at <u>www.BisParks.org/programs/youth-programs/tennissummer-youth</u>.

follow us on social media



Friday, July 18 • **FREE** Movie in the Park: Moana 2

Starts 30 minutes after sunset, approx. 10pm McDowell Dam Recreation Area, 1951 93rd St. NE

Hollywood stars will show up in Bismarck's skies this summer, with movies once a month through September.

Sundays, July 20 & 27 - 5:45-6:45pm Indoor Public Ice Skating

VFW Sports Center, 1200 N. Washington St.

Stay cool with indoor public ice skating. Skating fee: \$5/ individual or \$10/family. Skate rental: \$5 (sizes available: 9 Junior-15 Adult). Cash/check only. <u>www.BisParks.org/</u> youth-programs/ice-skating-and-warming-houses

July 24-25 • Tennis in the Parks

Surprises at the tennis courts during tennis in the parks days! Watch BPRD social media for updates on where to find FREE tennis gear and prizes for your family.

Thursday, July 24 • Community Pool Party 4:30-8pm

Elks Aquatic Center, 321 W. Broadway Ave.

We invite families and friends to join the pool party. This evening swim will include music, prizes, and a departing treat. Regular admission rates apply.

Thursday, July 24 • **FREE** Summer Songs Concert Series 7-9pm

General Sibley Park, 5001 S. Washington St.

A summer concert series located at the amphitheater. A Dakota West Arts Council (DWAC) event in partnership with Bismarck Parks and Recreation District. Peformance by Anonymous Phenomenon.

Friday, July 25 • **FREE** Fitness Facility Admission 5:30am-7pm

BSC Aquatic & Wellness Center, 1601 Canary Ave. Check out the fitness facility or a group fitness class for

free today!

Saturday, July 26 • **REE** Tent Camping General Sibley Park and Campground, 5001 S. Washington St.

To reserve a free tent site for this date, call 701-222-1844. Space is limited. Please note that reservations made online are not free.

Tuesday, July 29 • Reference Tennis Balls for Your Pup Century Bark Park, 700 E. Century Ave.

Free tennis balls for your dog while supplies last.

Thursday, July 31 • REE Swimming at Outdoor Pools

12-1:45pm, 2:15-4pm, 4:30-5:45, 6:15-8pm Enjoy some swim time at Hillside Aquatic Complex (includes waterslide), Elks Aquatic Center, and Wachter Aquatic Complex.

Thursday, July 31 • **REE** Roller Skate Rink Night 6-8pm

Capital Ice Complex, 1504 Wichita Dr.

Music, prizes, and skating games! Grab some friends and bring your roller skates or blades. FREE admission. Roller skate rentals available for \$3 (sizes available: 10 Junior -13 Adult). Co-sponsored by BisMan Bombshellz.

