Updated Feb. 2024

POCL RULES

- 1. Always shower before using the pools.
- 2. Children under age 8 or in a lifejacket must be accompanied by a person age 16+ <u>in the</u> <u>water</u>.
- 3. Only U.S. Coast Guard approved lifejackets and swim aids are allowed.
- 4. No inflatable floatation devices are allowed (includes water wings).
- 5. SCUBA style masks that cover the nose are not permitted.
- 6. Children under age 2 or children not fully toilet trained must wear a swim diaper (available at the front desk).
- 7. Swimming attire is required in the pool. Mesh shirts and nylon lycra swimwear is acceptable. Cutoffs, personal undergarments and t-shirts are not allowed.
- 8. Persons with open wounds, bandages or skin conditions are not permitted to use the pools.
- 9. Children age 6+ will demonstrate their ability to be in water 5 feet deep or greater by swimming 25 yards in the prescence of a lifeguard.
- 10. There must be two people age 16+ in the water for every 12 children under age 8 and/or in lifejackets (includes birthday parties).
- 11. Bismarck Parks and Recreation District staff have the final decision for the safety of our patrons.

SLIDES - HILLSIDE & ELKS

- 1. Must go down the slides feet first.
- 2. Only one person down the slide at a time. Please be sure the landing area of the slide is clear before the next person goes down the slide.
- 3. No stopping in the slide.

4. Lifejackets are not permitted on the slide.

CLIMBING WALL - HILLSIDE

- 1. Only two people on the climbing wall at a time.
- 2. No loitering below the climbing wall.
- 3. Lifejackets at not permitted on the climbing wall.

WAVES - WACHTER

- 1. No parents holding children past black line.
- 2. No hanging on or jumping from pool deck.
- 3. To go deeper than the black line, swimmers may be asked to perform a test to demonstrate their ability to swim the width of the people and back without stopping or touching the bettom

ability to swim the width of the pool and back without stopping or touching the bottom.

