

BISMARCK PICKLEBALL TOURNAMENT COVID-19 TIPS:

IF YOU DECIDE TO PLAY:

- Wash your hands with soap and water and bring personal use hand sanitizer to the courts.
- Clean and wipe down your paddles and water bottles. Do not share paddles or any other equipment or clothing.
- Bring a full personal use water bottle(s) and avoid touching or using public water fountains.
- Bring tissues or a handkerchief for contained sneezing and coughing or consider wearing a mask.
- Consider wearing gloves to the courts and avoid touching court gates, fences, benches, etc.
- Also consider wearing gloves during play to avoid picking up pickleballs with your hands.
- Use new pickleballs and a new grip or fresh tape on your paddle handle if possible. .
- Leave the court as soon as reasonably possible

DO NOT PLAY IF YOU:

- Are exhibiting any symptoms of the coronavirus: mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC.
- Have been in contact with someone with COVID-19 in the last 14 days.
- Are a vulnerable individual with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, or whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

TOURNAMENT SAFETY:

- New pickleballs will be used and disinfected after every match
- Hand sanitizer will be available for all participants throughout the tournament
- There will be no snack tables etc. but each participant will receive a bag of “sealed” goodies when they check – in for the tournament.
- Due to the large number of entries, we will be spreading out each division amongst four court sites to maintain social distancing as much as possible. Please check your brackets for court locations.