

January Pool Schedule

Monday-Thursday			Friday			Saturday			Sunday		
Program	Dive Well	Pool 2	Program	Dive Well	Pool 2	Program	Dive Well	Pool 2	Program	Dive Well	Pool 2
	Limited Space 5:30-7:00am	No Lap Swim 5:30-7:00am		Limited Space 5:30-7:00am	No Lap Swim 5:30-7:00am				<u>COLOR KEY:</u> NO LAP SWIMMING LIMITED SPACE OPEN SWIM		
Swimming Lessons 4:00-8:15pm *Starting January 17th	No Lap Swim 4:00-7:15pm	No Lap Swim 4:00-7:15pm		No Lap Swim 4:00-5:30pm	No Lap Swim 4:00-5:30pm		WIBITS *11:00am-6:30pm			WIBITS *12:00-6:00pm	

PROGRAM POOL: 6 lane 25 yard pool with no lane ropes. Temperature is warmer than the competition pool.

Pool 2: 8 lane 25 yard pool. Open to the public during listed times.

DIVE WELL: There is **two lanes open** in this pool during listed times. Please ask a lifeguard if you would like the diving boards open.

Schedule Changes:

January 1: Pool Hours 8:00am-10:00pm

January 11: Dive well closed 7:00pm-9:00pm for BSC Event

January 12: Pool 2 and dive well closed 11:30am-Close

January 13: All pools closed all day for swim meet

January 14: All pools closed all day for swim meet

January 19: Pool 2 and dive well closed 2:45pm-close

January 20: Pool 2 and dive well closed 11:15am-4:30pm

IN NEED OF LIFEGUARDS AND SWIM INSTRUCTORS.

Flexible shifts and hours! Need more information: Call Jahna 701-751-4270

*Pool Schedule is subject to change without notice and could close unexpectedly due to staff shortages. **Please see the fitness schedule for all fitness classes scheduled in the pool.** Please also see Wubit schedule for Wubit Water Toy weekends.



POOL RULES

Updated Sept. 2023

- Always shower before using the pool.
- **Children under the age of 8 or in a lifejacket must be accompanied by a person 16 years of age or older in the water.**
- **Only United States Coast Guard approved lifejackets are allowed.** We do not have any for your use, so please bring your own.
- No inflatable flotation devices are allowed. This includes water wings.
- SCUBA style masks that cover the nose are not permitted.
- Any child or **person not fully toilet trained must** wear a swim diaper. Child swim diapers are available at the front desk.
- Swimming attire is required in the pool. Mesh shirts and nylon lycra swimwear is acceptable. Cutoffs, personal undergarments and t-shirts are not allowed.
- Glass, street shoes, food and beverages are not allowed on the pool deck.
- Persons with open wounds, bandages or skin conditions are not permitted to use the pools.
- There must be two people 16 years of age or older **in the water** for every 10 children under the age of 8 and/or in lifejackets. This includes birthday parties.
- **Lifeguards have the final say on all issues in the pool area.**

WIBIT & DIVING BOARD RULES

- Children under the age of 6 are not allowed to use the Wibits or the diving boards. This includes birthday parties.
- **Anyone 6 years of age and older must pass a swimming test issued by a lifeguard before being permitted to use the diving boards and/or the Wibits.**
 - **Swimming test:** Jump in and completely submerge. Recover to the surface and float/tread water for one minute. Turn a full circle. Swim 25 yards - to the other end - without stopping. Exit the water without using the ladder.
- Persons wearing lifejackets are not permitted to use the diving boards.
- Jump or dive straight off the diving boards in a forward-facing position. Inward dives and reverse dives are not permitted.
- After going off the board, exit the pool by swimming directly to the nearest diving bay ladder, not the pool edge.
- One bounce and only one person on the diving board at a time.
- Swimming under the Wibits and hanging on any ropes in the water is not permitted.
- Wrestling and pushing on the Wibits is not allowed.
- **Lifeguards have final say on all issues in the pool area.**